

JUMPSTART SPIRITUAL GROWTH ASSESSMENT

Participant's Name _____ SCDC #: _____

Mentor: _____ Assessment: _____

Date: _____

**Score 1-5
(5 highest)**

CONNECT: You were formed for God's Family	
Member is developing authentic community within the Christian family (interpersonal relationships)	
Member is more loving, grace giving and forgiving to others than when the class began	
Member is intentionally cultivating their relationships with Christian friends and spiritual mentors	
Member is sharing about attempts to restore or enhance immediate family relationships	
Member is resolving conflict in a Biblical manner and supporting the leadership of JUMPSTART	
Membership Total	

GROW: You were created to become like Christ	
Member is sharing with JUMPSTART family about their growing relationship with God through His Word and prayer	
Member is responding to challenges with peace and faith rather than anxiety and fear	
Member is avoiding using addictive behaviors (food, television, busyness, cigarettes, etc.) to meet personal needs	
Member has a relationship with someone that encourages spiritual health	
Member is honoring God by tithing to His Work with whatever means they have	
Maturity Total	

SERVE: You were shaped for serving God	
Member is expressing their unique God-given design as a way of life (dorm, work assignment, institution)	
Member is open and praying to be used by God and express their unique S.H.A.P.E. for ministry	
Member is serving in a regular (once a month or better) ministry in the chapel or institution	
Member is sharing group ownership by assuming a small responsibility or facilitating a discussion group	
Member is honoring Christ by respectfully submitting to authority	
Ministry Total	

SHARE: You were made for a Mission	
Member is actively praying for and cultivating relationships with unsaved friends and family	
Member is inviting seekers (unsaved people) to Christian events or chapel and sharing their spiritual journey with them	
Member is being a good witness by imitating Christ in their attitudes and behaviors	
Member is actively using his or her gifts, talents, resources, abilities to serve others for God's glory	
Member is regularly investing in the spiritual life of another person or group (becoming a disciple maker)	
Mission Total	

WORSHIP: You were planned for God's pleasure	
Member is attending chapel (with the local body of Christ) at least once per week	
Member has a personal plan and process to help them achieve their goals and dreams (spiritual health plan)	
Member has a growing heart for worship to God through music and praise (personal, group, & chapel)	
Member is honoring God with their physical and personal health (exercise and nutrition)	
Member is pleasing God with every dimension of their life by balancing God's purposes in their life	
Magnification Total	
TOTAL ASSESSMENT SCORE	

Rarely Demonstrates 1	Occasionally Demonstrates 2	Shows Developing Habits 3	Consistently Demonstrates Behavior 4	Models Behavior / Inspires Others 5
-----------------------------	-----------------------------------	---------------------------------	--	---