



# LEADERSHIP MANUAL



**JUMPSTART<sup>®</sup>**

*Transforming the lives of prisoners from the inside out*

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This book has been designed to provide the information needed to facilitate a JUMPSTART Class and prepare inside leaders and volunteers to be effective.

The book is broken into three major sections:

1. The first section contains information for starting and managing a class.
2. Leadership development material. Each week inside leaders will complete an individual lesson before coming together as a leadership team to complete the group lesson.
3. The last section includes resources to help inside leaders and volunteers in ministry.

## ABOUT THE AUTHOR

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Cary Sanders was arrested 17 times by age 17. Many considered him a menace to society. Schools expelled him routinely. Armed robbery, attempted murder, and criminal conspiracy were just a few of the things that were true of Cary before he even turned 18 years old. Growing up, Cary rarely stepped foot in a church. If you had asked him during his teenager years what he thought about Christians, he would have said, “they are fools, believing lies, and paying weekly for someone to make them feel bad about themselves.”



When Cary was 17 years old, he shot a drug dealer during an armed robbery and after his arrest, most people considered his life over. Many of his friend’s parents breathed sighs of relief hoping this event would finally remove him from their kids’ lives forever. While in the county detention center awaiting trial, all Cary could think about was suicide. He reasoned, “If there is no God, then there is no heaven or hell, so why not kill myself and finally be at rest?”

In his own words: “My lawyer told me I was facing a minimum of 25 years. While planning my suicide, I cried out to God to reveal Himself to me if He was real. He did. I met the living God in my darkest moment, and He touched me in a way that changed the trajectory of my whole life. He gave me hope when I had none. He gave me life when I was convinced my life was over. He loved the unlovable, and rescued the undeserving when He redeemed me.”

He served almost nine years in the South Carolina Department of Corrections. During his last four years of incarceration, he served as the JUMPSTART™ inside leader at Livesay Correctional Institution. Cary says, “The Lord used JUMPSTART to prepare me to be successful upon my release.” Since his release, Cary has earned a bachelors, masters, and doctoral degree.

Cary now serves as the Chief Executive Officer for JUMPSTART. He and his wife Ashley and son, Thor, and daughter, Nayeli, enjoy hiking, traveling, spending time with friends, and volunteering. Cary is living proof that God’s grace is amazing and that JUMPSTART is breaking the back of recidivism and restoring broken lives. His story is real, and it is a common one with JUMPSTART participants.

Cary says it is his hope and prayer that this workbook will help the incarcerated discover and live out the salvation and freedom that is found in Jesus Christ.

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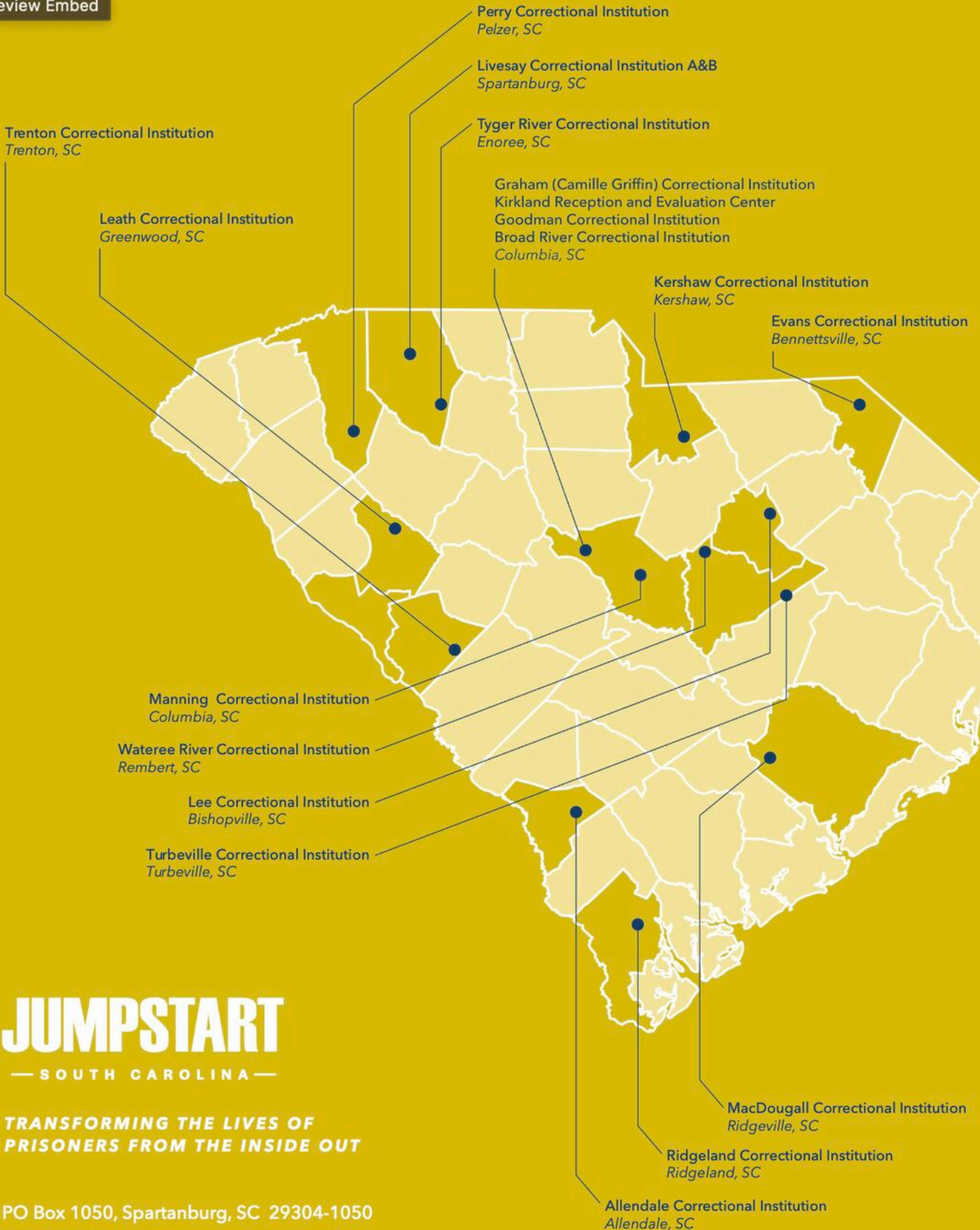
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Preview Embed



# JUMPSTART

— SOUTH CAROLINA —

**TRANSFORMING THE LIVES OF  
PRISONERS FROM THE INSIDE OUT**

PO Box 1050, Spartanburg, SC 29304-1050  
888.403.3815 | [JumpstartVision.org](http://JumpstartVision.org)



Map represents current facilities with active JUMPSTART inside programs.

## JUMPSTART

A faith-based program designed to break the back of recidivism by discipling men and women inside and outside prison.

Before we get into the details of how the JUMPSTART program works and what your responsibilities are as a leader, we

want to share our heart. Refer to the next few pages often to remind you of your goal and your approach as you lead.

## The Inside Program

**Bible-based:** The Bible is our plumb line. It is the standard by which we live our lives, and the final authority for all life and conduct. **Christ-centered:** The Lord Jesus Christ is our all-in-all.

**Long-term:** This class/ministry lasts approximately ten months. You will need a good dose of stay-put endurance.

**Intensive:** This class will not be church as usual. You will be challenged and confronted about issues that arise.

**Discipleship:** The goal is to help you understand and live out your God-given purpose in your everyday life.

# our mission / vision / values

**Our Mission** Believing God's Future is Greater Than Our Past

*For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.—Jeremiah 29:11*

**Our Vision** Breaking the Back of Recidivism in Our State and Our Nation

**Our Values** Responsibility, Accountability, Authority

## Success on the Outside

JUMPSTART is designed to help participants prepare for life outside of prison. We are working to break the back of recidivism, so we make sure our program holds people accountable to the key things you will need to have success on the outside.

Our work with others like you over many years, has shown us that you will need five goals and objectives to be successful on the outside:

- 1) Daily surrendered to Christ
- 2) Finding and keeping a job
- 3) Setting and keeping a budget
- 4) Developing a solid support system
- 5) Having fun God's way.

The program is structured to teach these things, and they're worth discussing in class and informally as often as possible. As you get to training (around the beginning of Purpose 4), remind participants of these five keys.

# leadership qualifications

1. All JUMPSTART leaders must be born-again followers of Jesus Christ. Their lives should demonstrate the characteristics of a sold-out disciple. They must also hold firm to sound doctrine.
2. To be eligible for JUMPSTART leadership, the candidate must have graduated with a green or a blue folder. CIU graduates who have not completed JUMPSTART may also be considered for leadership.
3. Each potential candidate will be approved unanimously by the existing leadership at the respective Institution. This includes the inmate leadership and outside volunteers. The institutional chaplain will be included in this process for input and recommendation.
4. We would prefer each leader have at least one year remaining to serve before max out, but this is not a requirement.

# applicant criteria guidelines

1. **TIMING:** Ideally, we would like applicants to be able to complete the entire 40-plus week class. **(They must have 30 weeks if housing is needed.)** We would like applicants be within two years of max out or parole, but this is not a requirement. Applicants who have longer to max out or parole may be considered if they meet all other criteria and room remains in the class.
2. **DISCIPLINE FREE:** Applicants should first be chosen from those who are disciplinary free for a minimum of six months. (Some institutions that require character housing may not allow medium custody applicants due to the security level.)
3. **FAITH:** Applicants do not have to be Christians to apply or participate. However, all applicants should clearly understand that JUMPSTART is a Christian ministry with housing and job placement plans. Christian morals and guidelines will be in place for everyone who receives assistance, and it will be from the Christian Worldview that we view reality. Along the way, our inside leaders and volunteers will need to be ready to give an answer to everyone who asks them about the hope they have in Christ, with meekness and gentleness. Training in Christian doctrine and apologetics will be a component of JUMPSTART'S Continuing Training Program for inside leaders and volunteers.
4. **ATTENDANCE:** JUMPSTART classes permit only three total unexcused absences through this 40-plus week journey. After three unexcused absences, a participant may be removed from the out-count and the class. An excused absence is defined as an order to report for another area, such as medical, parole, GED testing, etc. The order to report needs to be attached to the sign-in sheet for the week for proper records.

## At the start of a new class

Send JUMPSTART'S Inside Program Administrator the class roster via email to:  
jeremy.walker@jumpstartvision.org

## After the start of a class

Notify JUMPSTART'S Inside Program Administrator at least monthly, of any additions or deletions made to the class roster.

Include:

1. Participants' names and SCDC numbers
2. Date of status change
3. Reason for change, such as new enrollment, transfer, voluntary withdrawal, disciplinary, etc.

Whenever a participant expresses interest in the Transitional Program, have them:

1. Read the Transitional Housing Rules and Regulations with a volunteer or table leader
2. Fill out the JUMPSTART Application for Residence and sign the Transitional Housing Rules and Regulations
3. Obtain medical records from SCDC
4. Complete a resume and put it on file

5. Send all 15 completed pages of the application to us by:

- Email (via institutional Chaplain) at: [Jeremy.Walker@jumpstartvision.org](mailto:Jeremy.Walker@jumpstartvision.org)
- Mail to:

JUMPSTART SC

P.O. Box 1050

Spartanburg, SC 29304

## ■ At the completion of a class

Calculate assessment scores and color codes.

Send assessments by email, to: [jeremy.walker@jumpstartvision.org](mailto:jeremy.walker@jumpstartvision.org)

## ■ Parole Hearings

Candidates no longer need to send letters to JUMPSTART for Parole.

If the candidate successfully completed the inside program:

The individual should share this information with their parole examiner. If the candidate is in an inside program that is in progress The individual can share their anticipated completion date with the parole examiner.

■ Graduates of the program and participants of the program who plan to join JUMPSTART's transitional program may share with the parole examiner that they have completed the inside program and are eligible to be considered for the transitional program if granted parole. Our transitional program includes housing, transportation, employment, and many other services that help individuals thrive upon release. If a program graduate or participant with at least 30 weeks completed in the program is granted parole, JUMPSTART will make a decision regarding acceptance into the transitional program within (14) business days.

## JUMPSTART WEEKLY CLASS SCHEDULE

WEEK	INTRODUCTORY WEEKS			
1	Class Introduction, Expectations, and Orientation			
2	Understanding the Biblical World View / Salvation Message			
3	JUMPSTART Curriculum Handout and Instructions			
	PDL CHAPTER	WEEKLY TOPIC	TRANSFORMED BY TRUTH	
4	<b>WHAT ON EARTH AM I HERE FOR?</b>	1 It All Starts with God	John 1: 1-5	
5		2 You Are Not an Accident	Psalms 37: 1-4	
6		3 What Drives Your Life?	John 1: 6-13	
7		4 Made to Last Forever	Matthew 6: 25-34	
8		5 Seeing Life from God's View	Romans 6: 1-6	
9		6 Life is a Temporary Assignment	Romans 6: 7-14	
10		7 The Reason for Everything	Psalms 103: 1-5	
<b>UNDERSTANDING THE ASSESSMENT TOOL / SELF ASSESSMENT</b>				
12	<b>PURPOSE #1 YOU WERE PLANNED FOR GOD'S PURPOSE</b>	8 Planned for God's Pleasure	Hebrews 13: 15-16	
13		9 What Makes God Smile?	Lamentations 3: 19-24	
14		10 The Heart of Worship	Matthew 18: 21-35	
15		11,12 Becoming Best Friends with God / Developing Your Friendship with God	Psalms 91: 1-4 / 1 Peter 2: 9-19	
16		13 Worship that Pleases God	Psalms 139: 1-6	
17	14 When God Seems Distant	Psalms 139: 7-12		
<b>ASSESSMENT / TABLE LEADER</b>				
19	<b>PURPOSE #2 YOU WERE FORMED FOR GOD'S FAMILY</b>	15 You Were Formed for God's Family	Psalms 139: 13-16	
20		16 What Matters Most	Psalms 32: 1-7	
21		17 A Place to Belong	James 3: 1-12	
22		18,19 Experiencing Life Together / Cultivating Community	1 John 1: 5-10 / Galatians 6: 1-5	
23		20 Restoring Broken Fellowship	Matthew 11: 25-30	
24	21 Protecting Your Church	Luke 19: 1-10		
<b>ASSESSMENT / ACCOUNTABILITY PARTNER</b>				
26	<b>PURPOSE #3 YOU WERE CREATED TO BECOME LIKE CHRIST</b>	22,23 Created to Become Like Christ / How We Grow	1 John 4: 7-14 / Hebrews 11: 1-5	
27		24 Transformed by Truth	Numbers 20: 1-13	
28		25 Transformed by Trouble	Ephesians 6: 10-18	
29		26,27 Growing Through Temptation / Defeating Temptation	Mark 5: 25-34 / 1 Corinthians 10: 1-13	
30	28 It Takes Time	Matthew 18: 15-17		
<b>ASSESSMENT / TABLE LEADER</b>				
32	<b>PURPOSE #4 YOU WERE SHAPED FOR SERVING GOD</b>	29 Accepting Your Assignment	Isaiah 42: 1-4	
<b>SPIRITUAL GIFTS ASSESSMENT REVIEW</b>				
34		30,31 Shaped for Serving God / Understanding Your Shape	Mark 8: 34-38 / Hebrews 12: 1-3	
35		32 Using What God Gave You	Jeremiah 29: 10-14	
36		33,34 How Real Servants Act / Thinking Like Servant	Isaiah 42: 5-9 / Job 40: 1-5	
37	35 God's Power in Your Weakness	Isaiah 12		
<b>TRANSITIONAL PROGRAM INTRODUCTION / COMPLETE HOUSING APPLICATIONS</b>				
39	<b>PURPOSE #5 YOU WERE MADE FOR A MISSION</b>	36,37 Made for a Mission / Sharing Your Life Message	John 6: 26-35 / Colossians 3: 1-4	
40		38,39 Becoming a World-Class Christian / Balancing Your Life	2 Peter 3: 1-7 / 2 Peter 3: 8-13	
41		40 Living with Purpose	2 Peter 3: 14-18	
<b>FINAL ASSESSMENT - TABLE LEADER / INSIDE LEADER / VOLUNTEERS</b>				
<b>GRADUATION</b>				

# suggested outline for weekly program

## **The inside leader will facilitate the class.**

### **A. Leader will call the class to order and have prayer.**

When there is a speaker, they will speak after the prayer.

If there is a video it will be shown at this time.

After the speaker has finished, the leader will continue with (B)

### **B. Leader will spend 10-15 minutes going over the lesson's meaning.** Members in their group can participate in this presentation.

(The Application Discussion Questions will not be discussed at this time).

### **C. Participants will break up into groups – approximately 8 to a group. Hopefully there will be a volunteer with each group.**

### **D. The group will discuss the lesson with each person in the group given an opportunity to speak.**

One method that has proven effective is to go around the table and let each person briefly read what they wrote in their Workbook concerning the **Application Discussion Question**. Everyone in the group needs to participate and be heard.

(This will last for approximately 1 hour and time will be called.)

### **E. The entire class will then be given the opportunity, by group, to orderly discuss highlights of their group discussion.**

(Approximately 20 minutes).

### **F. The class will close with prayer.**

# getting started

- Post sign-up sheets at least 10 days and then collect them.
- After sign-up sheets are posted and collected, begin the interview process.
- The Volunteer(s) will set up a time through the chaplain to interview the applicants.
  - Keep the number of people conducting interviews to a minimum— we recommend two or three. If a candidate faces too many interviewers, he or she may not be open and transparent.
- During the interview process:
  - While one person leads the interview, each person on the interview team should be allowed to ask questions.
  - It is ideal for the interview facilitator to help the candidate relax by being conversational.
- At the beginning of each interview, use the following points to introduce that JUMPSTART is a ministry that is:
  1. **Bible-based**: The Bible is our plumb line. It is the standard by which we live our lives, and the final authority for all life and conduct.
  2. **Christ-Centered**: The Lord Jesus Christ is our all-in-all.
  3. **Long-term**: This class/ministry lasts approximately ten months. You will need a good dose of stay-put endurance.
  4. **Intensive**: This class will not be church as usual. You will be challenged and confronted about issues that arise.
  5. **Discipleship**: The goal is to help you understand and live out your God-given purpose in your everyday life.
  6. **Transitional Readiness**: The goal is to help you learn and embrace the five goals and objectives to success on the outside.
    - 1) Daily surrendered to Christ
    - 2) Finding and keeping a job
    - 3) Setting and keeping a budget
    - 4) Developing a solid support system
    - 5) Having fun God's way



# suggested questions for use during the interview

- 1) Who is Jesus to you? Are you a Christian?  
(If the candidate professes to be a Christian, ask him or her to briefly share a testimony. If the candidate is not a Christian, make sure he or she knows that JUMPSTART is Bible-based and Christ-centered.)
- 2) What are your reasons for wanting to take this class?
- 3) Are you willing to be confronted with truth and make the corrections necessary in order to grow into who God desires for you to be? How will you respond in this kind of environment?
- 4) Do you have any spiritual, personal or vocational goals for when you are released? What are they?
- 5) As of today, do you have any outside support, or do you need assistance once you are released? If you do not have any outside support, would you be willing to relocate somewhere where resources are available?
- 6) What have you learned from your time of incarceration? How has this time been beneficial to you?
- 7) When will you be released by max out or parole? (Month, Year)
- 8) Where do you currently work? What are your work hours? Will you need permission to come to class?  
(This question is necessary because some institutional jobs require unusual work hours, such as Prison Industries.)
- 9) If you join this class and we schedule one-on-one counseling, what is the best time for you?
- 10) Are you willing to learn the five keys to transitional readiness?

# basic prison guidelines for inside volunteers

## ■ Before Entering the Prison

- Prisons have strict dress codes. Be sure to follow the dress code requirements you are given during your SCDC volunteer orientation. For women, even in summer, no sleeveless dresses or blouses.
- Your vehicle is subject to search while on prison property. Do not bring alcohol, illegal drugs, guns, or weapons onto prison property.
- Your cell-phone, smart watches, and activity trackers must be left in your car. Unless you have written permission from the Chaplain and/or Warden you may not take any electronic devices into the prison.
- Wallets, purses, brief cases, etc. will not be allowed. The only thing you need to take in are a government issued photo ID, a Bible, a JUMPSTART manual, and any other resources that are essential for class.
- If you need to use audio/video equipment for a class, please call the chaplain at least a week in advance to make arrangements.
- Try to focus on praying while you are traveling to the prison.

## ■ Entering the Prison

- You will be subject to a search upon entering the prison. It will be similar to what you would encounter at an airport.
- You will probably be asked to remove shoes, jewelry, and to empty your pockets. It is best to avoid problems by leaving your jewelry in the car and removing items from your pocket before entering the front gate.
- A wedding ring is allowed; non-smart watches are also allowed. If an inmate asks you for anything that belongs to you, report it to the Chaplain or other prison staff ASAP.

## basic prison guidelines for inside volunteers continued

### ■ While Inside

- Do not enter any area, including restrooms, unless you are certain you have permission to be in that area.
- Even if you have a disagreement with prison personnel, submit to their authority. We are guests in their house. Set a good example for the prisoners you hope to lead.
- For your safety, follow all of the rules and do exactly as you are told. Thanking the officers and staff for their assistance goes a long way towards improving your volunteering experience.
- Under no circumstances is it acceptable to take anything from an inmate from the facility, unless you have written permission from the Chaplain and/or Warden.

# best practices for inside volunteers

## ■ Healthy Relationship with Christ

- A healthy relationship with Christ is paramount in ministry. None of us can teach what we do not know, or give what we do not have. Jesus said, "I am the Vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing" (John 15:5 ESV). As we are properly connected to Christ, through us He can do His work of restoring broken lives.
- At JUMPSTART, we believe the first key to success is "Daily surrender to Christ." We are convinced that when an individual is daily surrendered to Christ, they will have positioned themselves to be successful in every other area.

## ■ Listening goes a long way

- Even if you have the best advice in the world, you must first listen to correctly discern what is the correct advice for a particular situation.
- You may want to read books on developing your listening skills. Development in this skill will benefit you in every area of your life. (Proverbs 20:5)

## ■ Questions not to ask

- Do not ask inmates about their crimes; if they want you to know they will tell you. Some would suggest that a confession is essential for their spiritual healing and development. Nevertheless, a forced confession is not a biblical confession.
- Do not ask questions that you would not be comfortable answering yourself. It will not be helpful for you or the inmate for you to play psychologist.

## ■ Your presence is invaluable

- It has been said that volunteers are the face of Christ to the incarcerated. Your very presence demonstrates to them that someone still cares, and that they are still valuable (Heb. 13:3).
- Please be consistent to your commitment with this ministry. To build trust and discipleship-oriented relationships, the participants need to see you regularly.

# participants should be demonstrating

JUMPSTART is eager to help those who demonstrate by their actions that they will do what is necessary to have a great future.

A few things participants should be working towards:

1. If a participant does not have a High School Diploma or GED, then they should do their best to earn a GED before the end of the class. If this is not possible, then they should do their best to earn it before their release. If an institution has a functioning education department, and a participant is not willing to try their best to earn a GED, why should we believe they are going to make the most of the opportunities they receive when they are released?
2. Participants should be exercising regularly. Our bodies need moderate exercise for at least 20 minutes 3x per week to remain healthy. Many participants will be doing physical labor upon their release. Exercise will help prepare them for working upon their release. There are also many other benefits to taking care of the bodies God has given us. Moderate exercise in an institutional setting can be defined as walking/jogging and body-weight exercises.
3. If a participant has not stopped smoking by the mid-way point of the class, then they should not receive a green or a blue folder. If they cannot exercise the self-control necessary to stop smoking, then they will most likely not abstain from other hurtful substances upon their release. Furthermore, smoking is against institutional policy and demonstrates that the participant is not submitted to authority.



# LEADERSHIP DEVELOPMENT



# introduction to personal study lessons

## Personal Spiritual Disciplines

### Big Idea

Once per week for the next six weeks you will be examining a spiritual discipline. While these may seem basic or elementary, they are the foundation of living a life of purpose for God's glory. If one is not practicing these disciplines regularly, they will not be living a life that glorifies God no matter how much Bible knowledge they have stored in their mind. However, if one practices these spiritual disciplines, they will have a healthy relationship with God that overflows into a life of service for God's kingdom. Over the next six weeks, we will cover the spiritual disciplines of Bible Intake, Prayer/Meditation, Fasting, Learning, Accountability, and Worship. While this is not an exhaustive list of spiritual disciplines, these disciplines will set up a foundation for a healthy and vibrant Christian life. **When you learn to practice these disciplines, you will be living daily surrendered to Christ, which is JUMPSTART's number one key to success.**

### Purpose of Spiritual Disciplines

It may be helpful to think of spiritual disciplines as spiritual exercises. To set aside time for Bible Study or a day for fasting, is like setting aside time to get fit. As physical exercises like this promote strength, so spiritual disciplines promote godliness. It should be understood from the outset that no amount of personal self-discipline or will-power can transform us into mature Christians who are making a difference for the kingdom. Authentic transformation comes from the Holy Spirit's work in our lives (John 17:17, 1 Thess. 5:23, Heb. 2:11). Nevertheless, while believers are dependent on God's grace working in our lives, we are instructed "train yourself to be godly. Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come." (1 Tim. 4:7b-8) As you regularly practice the spiritual disciplines you will be equipped to be used by God to make Him known in the lives of others.

### Tips for Working Through the Individual Lessons

While they are "individual lessons" attempt to work through them with the other leaders in your dorm when possible. Take your time working through the lesson. Try to go through the lesson twice each week.

As you meet with the leadership group each week, be honest and vulnerable about what God is doing in your life and the disciplines you are struggling to understand and build into your life.

## Explanatory Note for the 40 Week Scripture Plan

*The scripture references listed in the JUMPSTART 40 Week Scripture Plan are the intended subjects of personal bible study that we want participants to work through using the Transformed by Truth Study Sheet.*

**Key Takeaway:** *The scripture passages listed **may** or **may not** correspond with the particular lesson that week, and this is by design.*

*For example, in week 1, the lesson is about how it all begins with God, and the passage for that week is John 1:1-5. These two mesh nicely together, and it is easy to see how they are both related.*

*The lesson in week 2 is about how we are not here by accident, and the passage for that week is Psalm 37:1-4. These don't really correspond with each other and **were not intended to**.*

*They are intended to serve as passages that will help the participant begin to discover both the depth and breadth of God's Word, by being passages that deal with other subjects beyond the scope of what is covered in that week's lesson.*

# 1 spiritual discipline one – personal bible intake

## The Big Idea

The Scriptures are essential for knowing God and living a life that pleases Him. No human has the power to transform themselves or anyone else into Christian maturity, but God’s Word does have transformative power. Christians believe that the Scriptures are **INSPIRED**, **INERRANT**, **AUTHORITATIVE**, and **SUFFICIENT**.

## Attributes of God’s Word

All Scripture is **inspired** by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. (2 Tim. 3:16)

The doctrine of Scripture’s **authority** remind us that God’s word stands above all earthly powers (Psalm 138:2). On every matter in which the Bible means to speak, the last word goes to Scripture, not to councils or to catechisms or to science or to human experience, but to the word of God.



As the Bible is the inspired word of God, presenting us with God’s words as mediated through human language, it is likewise **inerrant** and infallible. Indeed, it would be impossible to conceive of the Bible as divinely inspired and yet untruthful at the same time, for God is utterly truthful (Titus 1:2; Heb. 6:18). Error comes from either deceit or ignorance. Yet God does not lie, and he is not ignorant

What we have in the Bible—Old and New Testaments—is what God intended for us to have. We are not waiting for further revelation or clarification. The Bible is **sufficient** in the sense that it contains all we need to know to be made right with God and live before him in a way that pleases him.

As believers study, know, and obey God’s Word, they are transformed into mature believers who are equipped to make a difference for God’s Kingdom. Most JUMPSTART leaders learn the basics of Bible Study by using the Bible Study Worksheets that participants use in the program each week. Yet, we know that many who know how to study God’s Word, neglect to do so regularly. As a leader, **it is of utmost importance that you are in the Scriptures daily** allowing God to continually transform you into a servant who is useful in His hand.

## What does God's Word Say?

Study the following Scriptures and ask God to help you understand His word and write your observations below each verse. Look back at your Bible Study Worksheets if you need help remembering how to analyze a passage of Scripture.

**Hebrews 4:12** – For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2 Timothy 3:16-17** – All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

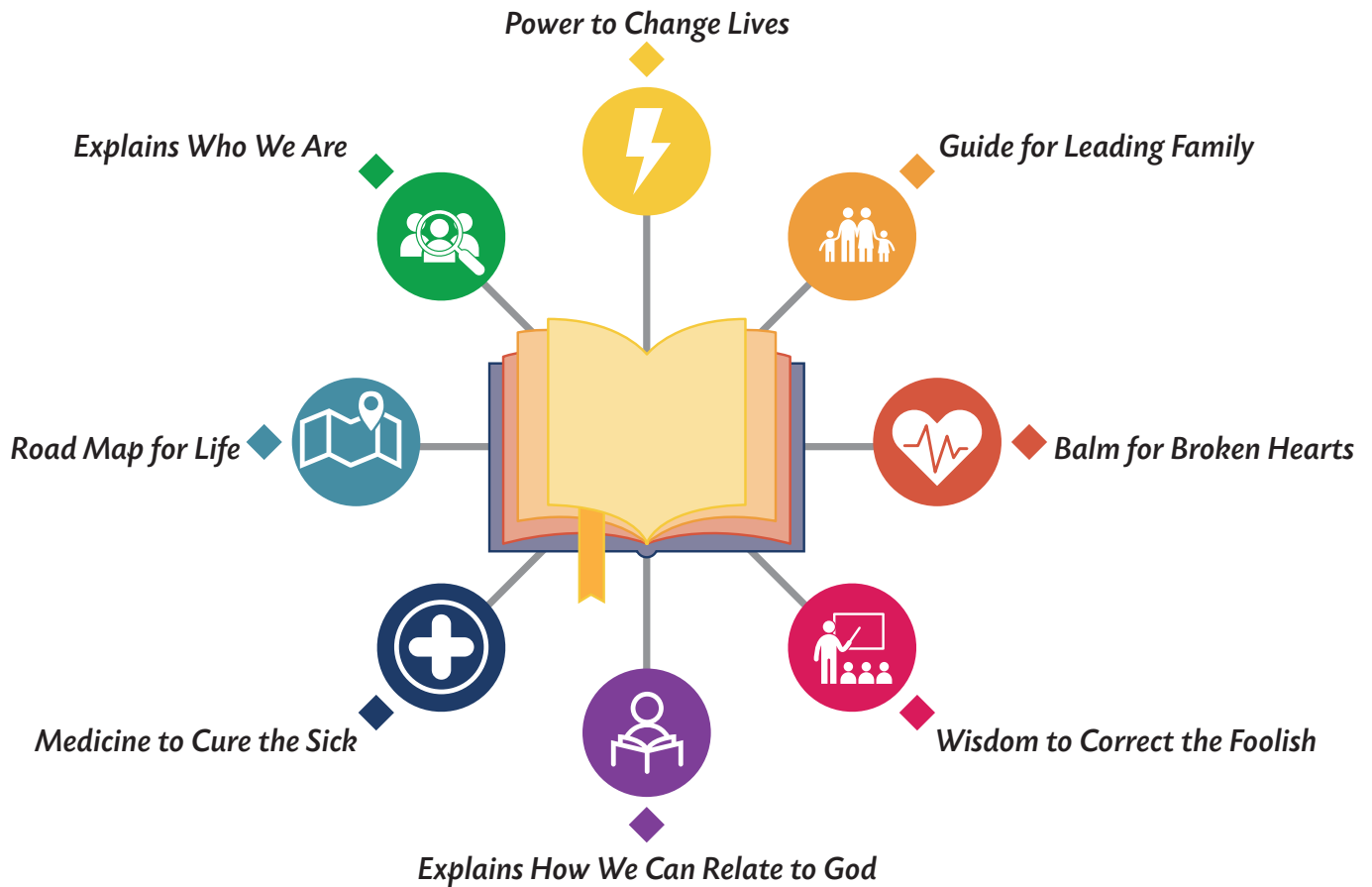
**2 Peter 1:20-21** – Above all, you must realize that no prophecy in Scripture ever came from the prophet's own understanding, or from human initiative. No, those prophets were moved by the Holy Spirit, and they spoke from God.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2 Timothy 2:15** – Do your best to present yourself to God as one approved, a worker who has no need to be ashamed, rightly handling the word of truth.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# The Bible is Not Just Another Book



## Further Questions to Consider:

1. When and where each day will you make time to read and study God's Word?

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2. Are there any books available to you that will help you learn how to study God's Word better? If so, when will you read them?

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3. How have you witnessed the power of God's Word in the past?

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Write out a closing prayer, asking God to help you use what you have learned to serve others for His glory.

# leaders own the cause

# 1

## Group Lesson One

### Prayer

1. Does anyone have anything they need to confess and ask forgiveness for?
2. Does anyone have anything they want the group to celebrate and thank God for?
3. Collect prayer requests from the group and have someone pray over the expressed needs.

### Group Share

1. Provide all present an opportunity to share for 1-2 minutes about what they have learned from their leadership workbooks over the past week.
2. Does anyone have a specific area in which they recognize their own need for growth and wish for the group to help them and hold them accountable?

### Owning the Cause by Initiating Connection

An essential component of leadership is the willingness to initiate connection. Initiating connection often involves stepping out of our comfort zone to engage someone for their benefit. For example, one of the participants may be really struggling with completing their workbook and will avoid the leaders out of shame. A weak leader will say, “they just don’t want it bad enough.” A great leader will go to the participant, and might say, “I don’t know what you are struggling with but I am here to help. What can I do to serve you?”

### For Group Discussion:

1. What does initiating connection look like in your role? What are some things you will have to do? What are some things you will have to refrain from doing?
2. What fears keep us from initiating connection with others?

### Owning the Cause by Accepting Responsibility

1. In what ways should inside coaches/leaders accept responsibility to ensure JUMPSTART is a success?
2. What does it mean to accept personal responsibility to lead yourself well? What will this look like for you?

## Owning the Cause By Resolving Conflict

During the course of the year, conflict is going to arise. As a coach/leader, you will have to challenge participants who are not giving their best, ask those who are dominating the group to allow others to speak, and deal with other matters that involve the potential for conflict. When managed biblically, conflict can serve as a catalyst for change and an opportunity for spiritual and relational growth.

Below are a few tips that may be helpful to come back to when you need to resolve conflict:

1. **First Pray** – Ask God to calm your heart and give you peace. Those who know God’s peace are the best peacemakers. Ask Him to give you wisdom on how to best proceed.
2. **Resolve in Private** – Do your absolute best to speak to the person one-on-one. However, in some cases it is wise to have another mature and experienced leader present during the discussion.
3. **Listen Carefully** – After you have specifically defined the problem, use the listening skills you will learn during the next group session to ensure you really understand their perspective.
4. **Discover a Solution** – Assure them that you want them to succeed and want to help them discover a solution that will resolve the matter and move them towards finishing the program well.

# spiritual discipline two – personal prayer life **2**

## The Big Idea

Why should we pray? There are many possible answers to this question, yet for our purpose we will focus mainly on three. Christians should pray because prayer is a **RESPONSIBILITY** of every Christian; because prayer is a **PRIVILEGE**; and because prayer is a **POWERFUL MEANS OF GRACE**. **One of the greatest resources or tools you will have as a JUMPSTART leader is an active prayer life.**

## A Responsibility

The Bible makes it abundantly clear that God's people are called to be people of prayer. The Old Testament contains numerous examples of men and women who prayed fervently. The Psalms contain an entire collection of prayers by David and others. The New Testament is full of examples of regular prayer among believers, and especially by Jesus Himself. **Prayer should be a normal part of our lives as well.**

## A Privilege

While prayer is a responsibility it is also a privilege. R.C. Sproul, a well-known and respected theologian writes, "In the Old Testament, 'access' to God was limited by virtue of the separation between the Holy Place and the Holy of Holies in the temple. Of course, believers could pray, but they were kept a certain distance from the glorious presence of God. Only the high priest, one day out of the year, was permitted to enter the Holy of Holies. A thick curtain called the wall of separation guarded the entrance. But when Jesus was crucified, an earthquake struck Jerusalem, and in its upheaval that curtain was torn apart. The atoning death of Christ gave us a new, freer kind of access to the Father. Christ won for us peace with God and the end of estrangement. We are now invited to enter by our prayers into the Holy of Holies. What a great privilege." **Think about it, because we have believed in Christ for the forgiveness of our sins, we now have direct, personal access to the living God. The One who is all-knowing and all-powerful.** "So, let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most" (Heb. 4:16).

## A Powerful Means of Grace

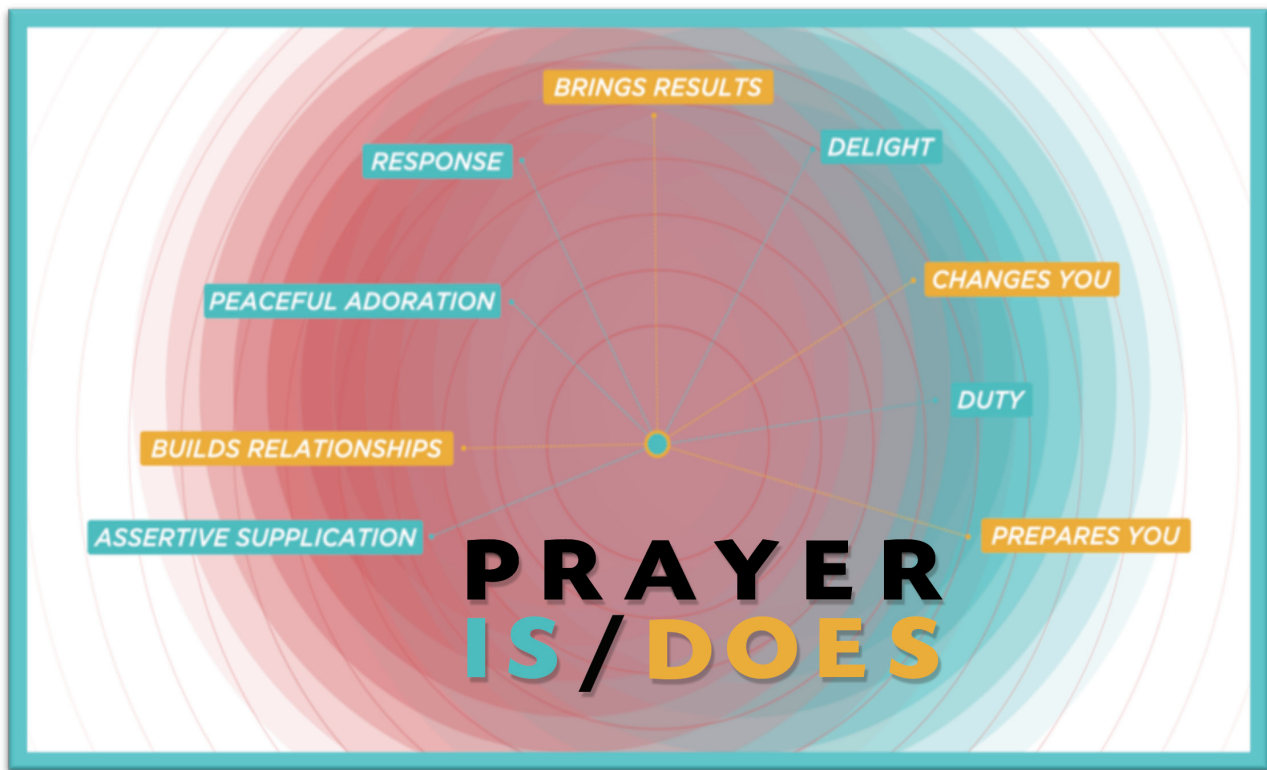
Believers pray not only because it is our responsibility and our privilege, but also because prayer is a powerful means by which God brings His will to pass. Does prayer change things? We must answer with a resounding “Yes.” Prayer changes us and prayer changes things. Please take a moment and read James 5:13-18.

What does this verse teach prayer can change? \_\_\_\_\_

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Prayer is an extremely powerful weapon in a believer’s life and ministry. While our prayers cannot force God to do anything, prayers are instruments God uses to bring about His will.

Below is a helpful graphic that helps us understand what prayer **IS** and what it **DOES**



Using the graph please fill in below by listing what prayer **IS** and what prayer **DOES**.

Prayer **IS**: \_\_\_\_\_

Prayer **DOES**: \_\_\_\_\_

## Suggestions for Helping Prayer Become a Regular Part of Your Life

1. Pick a regular time and place to pray. It is most likely that you will have to get up in the morning before others so you will have quiet time for study and prayer.

When and where will you pray? \_\_\_\_\_

2. Pray through the Scriptures you are studying. We can pray for God to give us understanding, thank Him as we understand more of what He has done for us through His Word, or pray a prayer of repentance as His Word reveals sin in our lives.
3. Below is a short list of prayers recorded in Scripture. As you take your time praying through them you will learn much about prayer.

## A Few of The Prayers Recorded in Scripture

*The Lord's Prayer – Matthew 6:9-13*

*Hannah's Prayer of Praise – 1 Samuel 2:1-10*

*The Prayer of Jesus – John 17*

*Paul's Prayer for Spiritual Wisdom – Ephesians 1:15-22*

*Paul's Prayer for Spiritual Growth – Ephesians 3:14-21*

## What does God's Word Say?

Study the following Scriptures and ask God to help you understand His word and write your observations below each verse. Look back at your Bible Study Worksheets if you need help remembering how to analyze a passage of Scripture.

**Philippians 4:6** – Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**1 Thessalonians 5:16-18 – Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.**

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Colossians 4:2-4 – Devote yourselves to prayer with an alert mind and a thankful heart. Pray for us, too, that God will give us many opportunities to speak about his mysterious plan concerning Christ. That is why I am here in chains. Pray that I will proclaim this message as clearly as I should.**

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Further Questions to Consider:**

1. Are there any books available to you that will help you learn more about prayer? If so, when will you read them?

\_\_\_\_\_  
\_\_\_\_\_

2. What answers have you received in response to your prayers?

\_\_\_\_\_  
\_\_\_\_\_

**Write out a closing prayer, asking God to help you use what you have learned to serve others for His glory.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# leading by listening 2

## Group Lesson Two

### Prayer

1. Does anyone have anything they need to confess and ask forgiveness for?
2. Does anyone have anything they want the group to celebrate and thank God for?
3. Collect prayer requests from the group and have someone pray over the expressed needs.

### Group Share

1. Provide all present an opportunity to share for 1-2 minutes about what they have learned from their leadership workbooks over the past week.
2. Does anyone have a specific area in which they recognize their own need for growth and wish for the group to help them and hold them accountable?

To really help the participants in your role as a coach, you will need to focus and really listen to the participants when they share with you. Even a world-class physician first listens to the patient before attempting to make a diagnosis and suggesting a road to recovery.

### Active Listening Skills

1. **Be attentive.** Express a positive attitude to the participant and a willingness to talk through the situation. If timing is a problem, let the other person know you're interested and commit to a time for the two of you to have a focused conversation.  
During the conversation, remind yourself that your role is not to interrogate the participant, jump to advice-giving, or solve the problem yourself.  
Allow "wait time" before responding. Don't cut the participant off, finish their sentences, or start formulating your answer before they have finished. Be conscious of your body language.
2. **Ask open-ended questions.** These encourage the participant to do the work of self-reflection and problem solving, rather than justifying or defending a position, or trying to guess the "right answer."  
Examples include: "What do you think about...?" or "Tell me about...?" and "Will you further explain/describe...?"
3. **Ask probing questions.** Again, the emphasis is on asking, rather than telling. It invites a thoughtful response by the participant and maintains the spirit of collaboration.



You might say: *“What are some of the specific things you’ve tried?”* or *“Are you doing anything that might be contributing to the problem?”* and *“How certain are you that you have the full picture of what’s going on?”*

- 4. Request clarification.** If you have doubt or confusion about what the participant has said, say something like, *“I’m not sure I understand...what do you mean when you say...?”* or *“Sorry, I didn’t follow you, will you please say that again.”*
- 5. Paraphrase.** Recap the participant’s key points periodically. Don’t assume that you understand correctly, or that the participant knows you’ve understood them.  
For example, your participant might tell you, *“I am really struggling to answer the questions in the workbook each week and I don’t think I can complete the class”* To paraphrase, you could say, *“Do I hear you saying that without help with the workbook you cannot complete the class successfully?”*
- 6. Be attuned to and reflect feelings.** With active listening, you’ll be able to identify the feeling message that accompanies the content. This is an effective way to get to the core of the issue. When you hear, *“I don’t know what else to do!”* or *“I’m really sick of all the hypocrites in the class,”* try to help the participant label his or her feelings: *“Sounds like you’re feeling pretty frustrated and stuck.”*

7. **Summarize.** Give a brief restatement of core themes raised by the participant. This lets them know they have been heard. Once the situation has been talked through in this way, both you and the participant have a good picture of where things stand. From this point, the conversation can shift into problem solving. What hasn't been tried? What don't we know? What new approaches could be taken?

As the coach, continue to question, guide, and offer, but don't dictate a solution. Your participant will learn more if you help them own the solution.

### **For Group Discussion:**

1. Why is it difficult for us to listen sometimes?
2. Can you think of any places in the Scriptures where Jesus took the time to listen to someone that others ignored?
3. Can anyone share with the group about someone who really listened to them? How do you know they were listening? How did them listening make you feel?
4. Does everyone understand the types of listening and the skills listed in the chart above? If not, which ones would you like help understanding?
5. How can you help those in your groups be better listeners while someone else is sharing?

# 3

## spiritual discipline three – fasting

### The Big Idea

#### Basic Definition of Fasting

This will most likely be the most unpopular chapter in this leadership book. In a place where food, at least good food, is serious business, the topic of fasting is not brought up because it is popular. **Fasting is abstaining from something for a period of time for a spiritual purpose.** In the Scriptures, fasting mostly involves food, but one can abstain from other things as well: television, desserts, coffee, radio, etc. One can fast from anything for which they have an appetite. The Scriptures do not teach that fasting is a kind of spiritual hunger strike that forces God to do our will. If we ask for something outside of God's will, fasting does not cause Him to reconsider. **Fasting helps us understand and live out God's will.**



## Further Explanation on Fasting

It always pleases God to hear the prayers of His people. He is also delighted when we decide to strengthen our prayers in a way He has designed. Nehemiah (in 1:4) “fasted and prayed before the God of heaven.” Daniel (in 9:3) devoted himself to plead with God “in prayer and petition, in fasting.” The nation of Israel was told, “Even now, declares the LORD, return to me with all your heart, with fasting and weeping and mourning” (Joel 2:12). It wasn’t until after “they had fasted and prayed” that the church in Antioch “placed their hands” on Barnabas and Saul of Tarsus and “sent them off” on the first missionary journey (Acts 13:3). In one way or another, all the other biblical purposes of fasting relate to prayer. Fasting is one of the best friends we can introduce into our prayer life.

## What does God’s Word Say?

Study the following Scriptures and ask God to help you understand His word and write your observations below each verse. Look back at your Bible Study Worksheets if you need help remembering how to analyze a passage of Scripture.

**Matthew 6:16-18** – And when you fast, don’t make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. But when you fast, comb your hair and wash your face. Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Acts 13:2-3** – One day as these men were worshipping the Lord and fasting, the Holy Spirit said, “Appoint Barnabas and Saul for the special work to which I have called them.” So after more fasting and prayer, the men laid their hands on them and sent them on their way.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Further Questions to Consider:

1. When will you take a step of faith and practice the discipline of fasting?

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2. While Jesus does say our fasting should be in private, the point he is making is that we should not fast to impress others. In the Scriptures you studied, you read about groups fasting together. Who can you fast with for this year's upcoming JUMPSTART class?

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3. Please share if you have experienced a direct answer to prayer after fasting or if you have experienced victory in a battle with temptation:

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**Write out a closing prayer, asking God to help you use what you have learned to serve others for His glory.**

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***“Prayer is reaching out after the unseen; fasting is letting go of all that is seen and temporal. Fasting helps express, deepen, confirm the resolution that we are ready to sacrifice anything, even ourselves to attain what we seek for the kingdom of God.”  
– Andrew Murray***

# assessments are a coach's tool

# 3

## Group Lesson Three

### Prayer

1. Does anyone have anything they need to confess and ask forgiveness for?
2. Does anyone have anything they want the group to celebrate and thank God for?
3. Collect prayer requests from the group and have someone pray over the expressed needs.

### Group Share

1. Provide all present an opportunity to share for 1-2 minutes about what they have learned from their leadership workbooks over the past week.
2. Does anyone have a specific area in which they recognize their own need for growth and wish for the group to help them and hold them accountable?

### Using Assessments to Coach Participants

It is no secret that completing the assessments is one of the most difficult tasks of a JUMPSTART leader and volunteer. Nevertheless, this is a responsibility of leadership. In the world of work, managers and supervisors must complete performance assessments on their employees. In the world of sports, coaches constantly look for ways to help their teams and players reach their potential. Below are some things to keep in mind when completing the assessments.

1. The first two assessments are not the final grade. The assessments after week 7 and week 20 are simply tools to help the participant understand where they are and what they can do to improve.
2. It is extremely important for coaches and volunteers to take the time with the participants in their groups to ensure they understand why they scored what they scored, and what they can do to improve. Be specific with what they can do to improve from a 2 to a 4 in a particular area. Also, it is very helpful to encourage the participants in the areas they are doing well.
3. Ensure the participants that you are there for them. Repeat to them over and over that you want to see them succeed and that you are there to walk alongside them to work through their challenges and help them improve their grade.
4. Grading the participants fairly, while a great challenge, is the secret sauce of JUMPSTART. When we have done all we can to help someone, and they are still living in a way that earns a yellow or a red, it is not the leaders' or volunteers' fault.

## Questions for Group Discussion:

1. What are some things in our own lives that can keep us from helping others reach their full potential?
  - Fear they will not like us if we challenge them?
  - Hypocrisy? How can we help them improve in an area if we aren't living it ourselves?
  - Busyness?
  - Others?
2. How do the assessments as a coaches tool help you lead the participants towards growth in Christlikeness?

## Guidelines for Completing Final Assessments

1. When possible, each participant's final assessment should be completed by the inside leader and volunteer who worked with them the most throughout the year.
2. If they are in disagreement about the final grade (blue, green, yellow, or red) then the entire group of leaders and volunteers should discuss and vote. If possible, the chaplain should be included in this process.
3. In the rare event the vote ends in a tie, the volunteers and the JUMPSTART Inside Program Director will set-up a conference call to decide.

## JUMPSTART SPIRITUAL GROWTH ASSESSMENT

Participant's Name: \_\_\_\_\_ SCDC #: \_\_\_\_\_  
 Mentor: \_\_\_\_\_ Assessment: \_\_\_\_\_  
 Date: \_\_\_\_\_

**Score 1-5  
(5 highest)**

<b>CONNECT: You were formed for God's Family</b>	
Member is developing authentic community within the Christian family (interpersonal relationships)	
Member is more loving, grace giving and forgiving to others than when the class began	
Member is intentionally cultivating their relationships with Christian friends and spiritual mentors	
Member is sharing about attempts to restore or enhance immediate family relationships	
Member is resolving conflict in a Biblical manner and supporting the leadership of JUMPSTART	
<b>Membership Total</b>	

<b>GROW: You were created to become like Christ</b>	
Member is sharing with JUMPSTART family about their growing relationship with God through His Word and prayer	
Member is responding to challenges with peace and faith rather than anxiety and fear	
Member is avoiding using addictive behaviors (food, television, busyness, cigarettes, etc.) to meet personal needs	
Member has a relationship with someone that encourages spiritual health	
Member is honoring God by tithing to His Work with whatever means they have	
<b>Maturity Total</b>	

<b>SERVE: You were shaped for serving God</b>	
Member is expressing their unique God-given design as a way of life (dorm, work assignment, institution)	
Member is open and praying to be used by God and express their unique S.H.A.P.E. for ministry	
Member is serving in a regular (once a month or better) ministry in the chapel or institution	
Member is sharing group ownership by assuming a small responsibility or facilitating a discussion group	
Member is honoring Christ by respectfully submitting to authority	
<b>Ministry Total</b>	

<b>SHARE: You were made for a Mission</b>	
Member is actively praying for and cultivating relationships with unsaved friends and family	
Member is inviting seekers (unsaved people) to Christian events or chapel and sharing their spiritual journey with them	
Member is being a good witness by imitating Christ in their attitudes and behaviors	
Member is actively using his or her gifts, talents, resources, abilities to serve others for God's glory	
Member is regularly investing in the spiritual life of another person or group (becoming a disciple maker)	
<b>Mission Total</b>	

<b>WORSHIP: You were planned for God's pleasure</b>	
Member is attending chapel (with the local body of Christ) at least once per week	
Member has a personal plan and process to help them achieve their goals and dreams (spiritual health plan)	
Member has a growing heart for worship to God through music and praise (personal, group, & chapel)	
Member is honoring God with their physical and personal health (exercise and nutrition)	
Member is pleasing God with every dimension of their life by balancing God's purposes in their life	
<b>Magnification Total</b>	
<b>TOTAL ASSESSMENT SCORE</b>	

Rarely Demonstrates 1	Occasionally Demonstrates 2	Shows Developing Habits 3	Consistently Demonstrates Behavior 4	Models Behavior / Inspires Others 5
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## What does God's Word Say?

Study the following Scriptures and ask God to help you understand His word and write your observations below each verse. Look back at your Bible Study Worksheets if you need help remembering how to analyze a passage of Scripture.

**Proverbs 2:1-6 – My child, listen to what I say, and treasure my commands. Tune your ears to wisdom, and concentrate on understanding. Cry out for insight, and ask for understanding. Search for them as you would for silver; seek them like hidden treasures. Then you will understand what it means to fear the Lord, and you will gain knowledge of God. For the Lord grants wisdom! From his mouth come knowledge and understanding.**

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Proverbs 23:12 – Commit yourself to instruction; listen carefully to words of knowledge.**

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Further Questions to Consider:

1. Is there a class or program you can sign up for to increase your knowledge and skill set?  
\_\_\_\_\_  
\_\_\_\_\_
2. What are the greatest books you have read? Is there a way you can share them with your fellow leaders so they can grow?  
\_\_\_\_\_  
\_\_\_\_\_
3. What needs to change in your schedule so you can make more time for learning:  
\_\_\_\_\_  
\_\_\_\_\_

***“LEARNING IS NOT ATTAINED BY CHANCE;  
IT MUST BE SOUGHT FOR WITH ARDOR AND ATTENDED TO WITH DILIGENCE.”  
– ABIGAIL ADAMS***

# 4 engaging participants in group discussion

## Group Lesson four

### Prayer

1. Does anyone have anything they need to confess and ask forgiveness for?
2. Does anyone have anything they want the group to celebrate and thank God for?
3. Collect prayer requests from the group and have someone pray over the expressed needs..

### Group Share

1. Provide all present an opportunity to share for 1-2 minutes about what they have learned from their leadership workbooks over the past week.
2. Does anyone have a specific area in which they recognize their own need for growth and wish for the group to help them and hold them accountable?

### When you meet as leaders, please read each of these as a group and briefly discuss.

1. **Barnabas Model.** Assure your fellow participants often, that each one's opinion is important and informative and valuable. And note that his sharing is a piece that contributes to the whole of the group's learning. Without it, the group is not complete.  
Note: we often do not know the background from which someone has come. Consider that no one is a blank slate, but comes to JS with many ideas, feelings, experiences and questions. His upbringing may have taught him distrust. He may come from an environment in which he was not expected or allowed to express his thoughts and opinions. The Christian environment and teaching at JS may provide someone with an expectation and a platform he has never had.
2. **Polite Policy.** Thank members for their contribution. Do it often. Do this sometimes after each has spoken and other times at the end. Even at the beginning! Here are some ideas to use singly or in combination: "Okay, I'm glad we can/did tackle this together." OR "I'm thankful I'm not alone here." OR "We need to help each other with this question." OR "I was stumped a bit with this one this week. I am eager to hear from you." This habit will help to grow individual self-esteem and ownership of the group. You will grow in each member such knowledge as: "I count here. I am an important part of the group. Without me, the group is not as strong as it could be." Note: this is not suggesting that each statement shared must be accepted as right or

truth. Be discerning and gently correct what is clearly false. Biblical truth must be the guide and upheld as God's authority for faith and life. If a thorough correction cannot be done easily at the moment, arrange to meet with that man later in the week.

3. **Volume Control.** Being able to physically HEAR one another is important if we expect each member to be involved and to be learning from each other. So, consider taking your seat in the middle of the table and not at an end. Do this especially if yours is one of the double tables or larger groups. At least do this sometimes.
4. **Hearing Aid!** Do encourage the men to address the entire table. Those sitting near the leader most often do their sharing directly with him, looking at him. I have heard an occasional reminder from the other end of the table jokingly calling: "Hey, what about us? We're here, too!"
5. **Invite "Silent Sam!"** Our quieter members often do not volunteer. This is especially true if the group is answering randomly around the table. Ensure everyone is participating. It is the leader's responsibility to note those who don't enter in and try to involve them more actively. Do give them an invitation to do so. They often are willing to share their thoughts and if invited to join the conversation. Don't assume they have nothing to say or no thoughts about a topic. Enable "Silent Sam" to share with a directed comment as, "I am sure (Name) has some thoughts on this. How 'bout letting us hear where you are on this?" Or: "(Name), I am sure your thoughts would help all of us, what can you share with the table?" This may result in his becoming bolder and to know he is an important member of the group.
6. **Pass-It-Around is a method that builds community.** It gives people time to think before speaking and one that allows others time to share immediately because they are ready. And for someone, it is a way to participate with permission NOT to share. That last is an option that should be afforded everyone, because each of us has those days and those very private areas of our lives that we can only share with the Lord. On those days, one may simply need to listen. To do Pass-It-Around prepare a simple object to pass around the table. Suggestions are: a crumpled wad of paper, an eraser, a piece of fruit, a ball, a stone...you only need one! State the rule: Whoever is holding the object has the power to speak, if he chooses. He might pass it on to the next person without speaking because he wants to think a bit. After the object goes around the table, pass it again. One who spoke before may have something to add when the object reaches him; a man who passed it by in the first round has a chance to speak when the object reaches him. He certainly can ask for it, also. Whatever it is you pass, it has the "power" of bringing community to you when you hold it. Because your brothers held it before you and pass it to you, it joins you to them and to what was said before.

## Questions for Group Discussion:

What other methods have you used to engage those in your group to actively participate?

What can you do if you have a participant who dominates the group discussion?

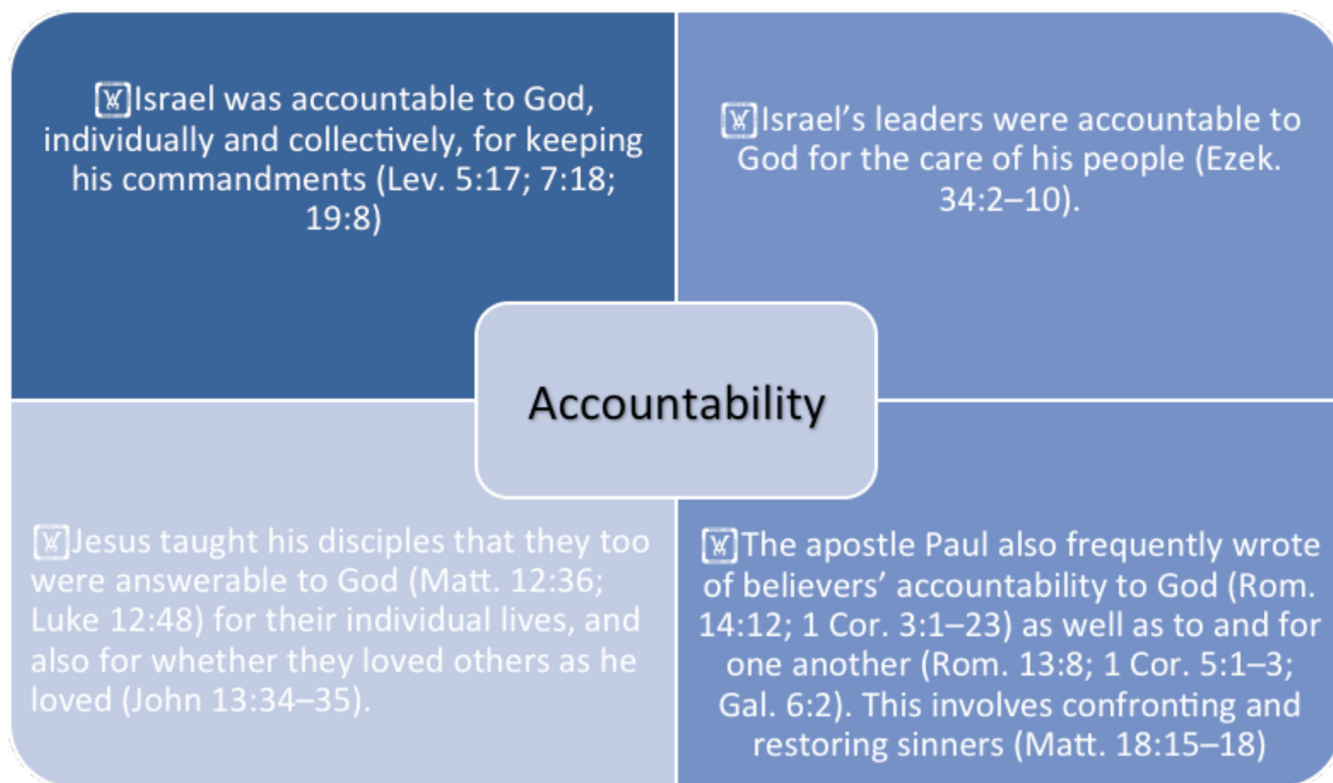
# 5

## spiritual discipline five – accountability

### The Big Idea

Accountability is one of JUMPSTART's Core Values. Living out this core value means we have a close enough of a relationship with another believer that they can hold us accountable for our behavior and decisions. None of us is above the need to be encouraged when we do well, and the need to be confronted when we are not honoring Christ.

### Scripture is full of references to accountability.



**Scripture also makes it clear that accountability relationships within the community of faith are essential for spiritual growth and development.** All members are accountable to God and each other for their individual behavior and how they live out God's calling on their life. We are to provide for one another's needs, as well as hold each other accountable for living in truth. In the Scriptures we see that **leaders are especially accountable for the spiritual care and well-being of those whom they have been called to serve.**

## What does God's Word Say?

Study the following Scriptures and ask God to help you understand His word and write your observations below each verse. Look back at your Bible Study Worksheets if you need help remembering how to analyze a passage of Scripture.

**Hebrews 10:24-25** – Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**1 Peter 5:2-3** – Care for the flock that God has entrusted to you. Watch over it willingly, not grudgingly – not for what you will get out of it, but because you are eager to serve God. Don't lord it over the people assigned to your care, but lead them by your own good example.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Proverbs 27:17** – Iron sharpens iron, and one man sharpens another.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Tips for Being a Good Accountability Partner

**1. BE TRANSPARENT- You have struggles as well.**

**2. LISTEN - Never wise to give advice before you have heard someone out.**

**3. MAKE TIME - Plan to talk when you both have enough time.**

**4. THE GOSPEL - Never forget God's truth is the source of all true deliverance.**

## Further Questions to Consider:

1. How does being vulnerable about one's own sin prepare them to lead life transformation?

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2. If you do not already have an accountability partner, who can you ask this week?

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3. Is there a believer who has been a Christian for a shorter period of time than you that you could take under your wing to encourage and help develop? If so, who?

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**Write out a closing prayer, asking God to help you use what you have learned to serve others for His glory.**

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# completing bible study worksheets

# 5

## Group Lesson Five

### Prayer

1. Does anyone have anything they need to confess and ask forgiveness for?
2. Does anyone have anything they want the group to celebrate and thank God for?
3. Collect prayer requests from the group and have someone pray over the expressed needs.

### Group Share

1. Provide all present an opportunity to share for 1-2 minutes about what they have learned from their leadership workbooks over the past week.
2. Does anyone have a specific area in which they recognize their own need for growth and wish for the group to help them and hold them accountable?

### For Group Discussion:

Each week the participants and leaders will complete a Bible Study using the Bible Study Worksheet. The Scriptures for these weekly studies can be selected by a leader, a volunteer, or a class participant.

This week during your group lesson, you will complete the Bible Study Worksheet on the next page to ensure that everyone on the leadership team understands how to complete the Bible Study Worksheet. Also, ensure each leader is comfortable teaching the participants in their dorms how to complete the worksheet. Have the oldest person in the group share their favorite Psalm and complete the Bible Study Worksheet using this Psalm.

## Primary Objective

- The worksheet is designed to help individuals encounter God's Word in a way that leads to transformation of their mind, emotions, and actions.

## Working through the Worksheet

- It is important for participants to know that being thoughtful, transparent, and honest in their answers is much more important than spelling, grammar, etc.
- Also, encourage them that while they are not expected to be a biblical scholar, they are expected to give their best.
- It is best to begin with the HEAD questions, then work through the HEART questions, and then finish with the HANDS and FEET questions.
- During group each week, reflect back on the previous week's questions and discuss how putting God's Word into action from the previous week is going.

# Transformed by Truth

**Passage Studied:**

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## 2. Heart — God's Word Defines Healthy Emotions & Affections

■ What emotions does this passage bring to your heart?

Would they be pleasing to God?

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■ What choices are people making in this story?

What similar choices do I need to make?

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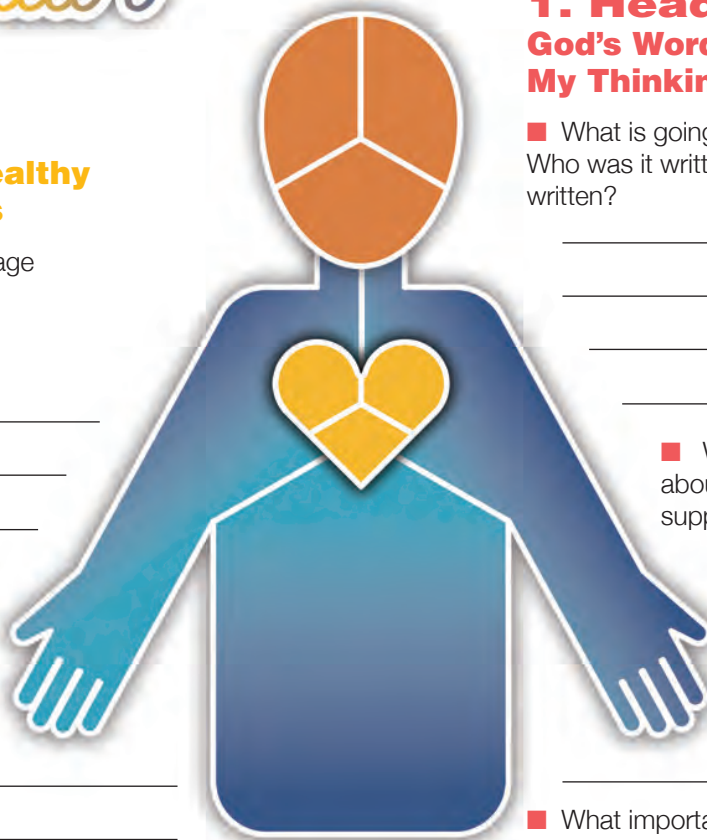
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■ Does this passage show me any wrong desires or attitudes (temptations) I might have?

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## 1. Head — God's Word Transforms My Thinking

■ What is going on in this story? Who wrote it? Who was it written for? Why do you think it was written?

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■ What does this passage show me about what God is like? (Give verse(s) to support your answer.)

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■ What important truth from this passage do I need to believe and live out? (Give verse(s) to support your answer.)

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## 3. Hands and Feet — God's Word Directs My Actions

■ When observing these people's actions like a movie scene, what stands out about how they obeyed—or didn't obey—God's Word? What's the step of obedience God is showing you to take this week?

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■ Is there any sin I need to confess? What gospel truth do I need to believe to live free from this sin? What action steps of obedience would I like my group to hold me accountable for?

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■ How does this passage show me ways that I can serve God & help other people?

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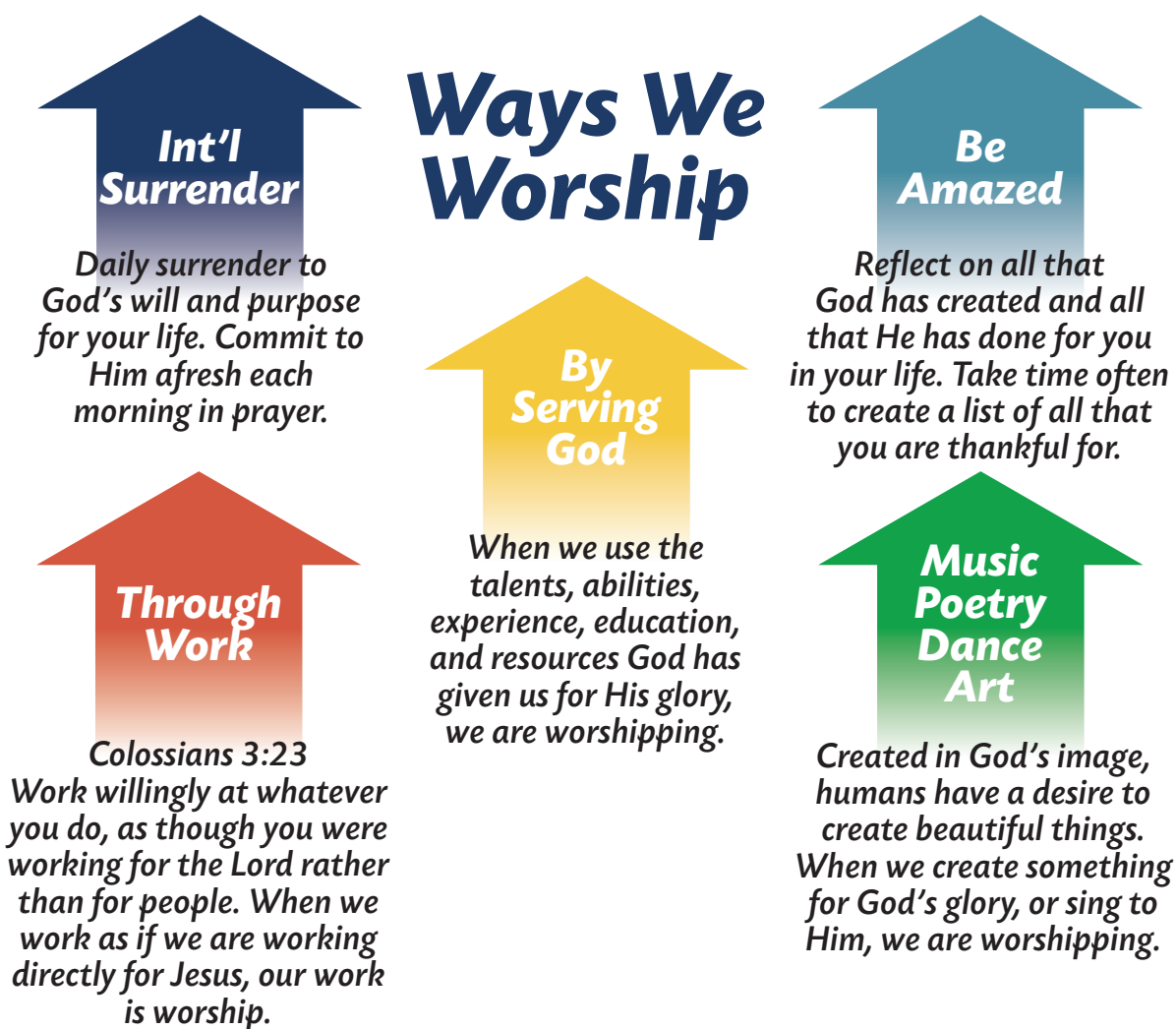
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# 6 spiritual discipline six – worship

## The Big Idea

To know and experience God is to love and worship Him. People who don't know God will worship and devote themselves to something else. It's only logical: if God created us for worship, and we don't worship the God who created us, we will necessarily bow down to and serve something else. As humans we are hardwired to worship. This means we are going to worship something. **God alone is worthy of a believer's worship.**

Biblical worship is to respond to God with our whole lives. This involves worshipping Him with our minds by learning to know Him better, loving him with our hearts by loving Him most, and with our hands by serving others for His glory. If one is not worshipping God, then they do not know Him.



## What does God's Word Say?

Study the following Scriptures and ask God to help you understand His word and write your observations below each verse. Look back at your Bible Study Worksheets if you need help remembering how to analyze a passage of Scripture.

**Romans 12:1** – And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice – the kind he will find acceptable. This is truly the way to worship him.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Hebrews 13:15-16** – Therefore, let us offer through Jesus a continual sacrifice of praise to God, proclaiming our allegiance to his name. And don't forget to do good and to share with those in need. These are the sacrifices that please God.

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**John 4:23-24** – The time is coming – indeed it's here now – when true worshipers will worship the Father in spirit and in truth. The Father is looking for those who will worship him that way. For God is Spirit, so those who worship him must worship in spirit and in truth."

Your Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

As you wrap up this leadership development content, it is our hope that you have come to understand that a healthy relationship with Christ is of utmost importance for leadership. When our relationship with Christ is nurtured and matured through the spiritual disciplines, we will be in position to lead with spiritual power. It is our prayer that your love for Jesus will be so contagious that God will transform the lives of those around you this year. Please write out any final thoughts you have on the following page:



# final preparations 6

## Group Lesson Six

### Prayer

1. Does anyone have anything they need to confess and ask forgiveness for?
2. Does anyone have anything they want the group to celebrate and thank God for?
3. Collect prayer requests from the group and have someone pray over the expressed needs.

### Group Share

1. Provide all present an opportunity to share for 1-2 minutes about what they have learned from their leadership workbooks over the past week.
2. Does anyone have a specific area in which they recognize their own need for growth and wish for the group to help them and hold them accountable?

### For Group Discussion:

Hopefully, the first JUMPSTART class is about to begin! If you are living out what you have learned in the personal spiritual discipline lessons, you are in position to lead well.

**In this final group lesson, spend time in prayer together for the following things:**

- The participants who are about to begin. That those who do not know Christ, would come to know Him as Lord, and that others would experience growth in Christian maturity.
- The prison staff and your fellow inmates.
- Pray for God's favor over the class this year. That as few classes as possible would be cancelled, and that there would be limited disruptions.
- Take a few moments to pray one at a time for each leader and volunteer

**Develop a plan for the list below. There may be other things you need to plan for based on the needs of your institution.**

1. Who will help set-up the class space each week? Who will be their backup?

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2. Who will take attendance? Who will be their backup?

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3. If you have the list of participants, go ahead and assign which leader is responsible for each participant. Make sure you check on your assigned participants frequently.

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4. Ensure everyone knows which leaders will communicate when necessary with the Chaplain and JUMPSTART staff. Organized communication prevents confusion.

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5. If time permits, discuss who will teach each lesson.

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# RESOURCES FOR MINISTRY



# resources for the JUMPSTART class

## I Need Help

All of us need help to grow in our lives. JUMPSTART participants will learn to ask for help defining and living out spiritual truths. Use the I Need Help sheet as a tool to encourage them to ask for help.

You will use this form at the beginning of the class. You may also want to bring it back to a participant during the class or in a 1-on-1 conversation so you can identify things you need to talk about or ways you can help them. Use this sheet as a tool that will help you serve participants better so they can grow.

“Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up.

But pity anyone who falls and has no one to help them up.”

— Ecclesiastes 4:9-10

## Salvation Message

At the beginning of each JUMPSTART class, we will invite a local pastor to visit your group to present the gospel to them. We encourage you to take notes during this time so you can remind participants of this gospel message throughout the class and in 1-on-1 conversations.

Not every participant in JUMPSTART will be a Christian, and that’s OK. This gives you a great opportunity to lead these class members to the Lord long after the salvation message occurs.

“But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, keeping a clear conscience, so that those who speak maliciously against your good behavior in Christ may be ashamed of their slander.” — 1 Peter 3:15-16

# responsibility / accountability / authority

## **RESPONSIBILITY – Galatians 6:2-5; Ephesians 4:1-2, 11-16**

- 1) Do I take responsibility for my behavior?
- 2) Do I take responsibility for my feelings?
- 3) Do I take responsibility for what God has given me?
- 4) Can others depend on me? (Psalm 15:4)
- 5) Do I take responsibility for how other people perceive me?
- 6) Do I take responsibility to encourage others in their relationship with Christ?

## **ACCOUNTABILITY (to each other) – Ephesians 5:21**

- 1) Am I willing to be held accountable?
- 2) Do I take a standard of Christian behavior seriously?
- 3) Do I seek fellowship during my up times and down times?
- 4) Am I my brother's keeper? (Galatians 6:1)
- 5) Do I seek out my local Christian community? (Hebrews 10:24-25)
- 6) Do I blame others for my problems?

## **AUTHORITY – Romans 13:1-7, Hebrews 13:17**

- 1) Do I have a problem following rules? (1 Peter 2:13)
- 2) Can I submit to others in positions of authority?
- 3) What does respecting authority mean to me?
- 4) Do I act respectfully?
- 5) Is there a difference between God's authority and man's authority?
- 6) Do I understand the authority God has placed on me? (1 Peter 3:1-6)
- 7) What are the lines of authority in my life?

# JUMPSTART SPIRITUAL GIFT ASSESSMENT

## DIRECTIONS

This is not a test, so there are no wrong answers. The *Spiritual Gift Assessment* consists of 80 statements. Some items reflect concrete actions; other items are descriptive traits; and still others are statements of belief.

- Select the one response you feel best characterizes yourself and place that number in the blank provided. Record your answer in the blank beside each item.
- Do not spend too much time on any one item. Remember, it is not a test. Usually your immediate response is best.
- Please give an answer for each item. Do not skip any items.
- Do not ask others how they are answering or how they think you should answer.
- Work at your own pace.

## YOUR RESPONSE CHOICES ARE:

- 5— Highly characteristic of me/ definitely true for me
- 4— Most of the time this would describe me/be true for me
- 3— Frequently characteristic of me/true for me—about 50 percent of the time
- 2— Occasionally characteristic of me/true for me—about 25 percent of the time
- 1— Not at all characteristic of me/ definitely untrue for me

- 
- \_\_\_\_\_ 1. I have the ability to organize ideas, resources, time, and people effectively.
  - \_\_\_\_\_ 2. I am willing to study and prepare for the task of teaching.
  - \_\_\_\_\_ 3. I am able to relate the truths of God to specific situations.
  - \_\_\_\_\_ 4. I have a God-given ability to help others grow in their faith.
  - \_\_\_\_\_ 5. I possess a special ability to communicate the truth of salvation.
  - \_\_\_\_\_ 6. I have the ability to make critical decisions when necessary.
  - \_\_\_\_\_ 7. I am sensitive to the hurts of people.
  - \_\_\_\_\_ 8. I experience joy in meeting needs through sharing possessions.
  - \_\_\_\_\_ 9. I enjoy studying.
  - \_\_\_\_\_ 10. I have delivered God's message of warning and judgment.
  - \_\_\_\_\_ 11. I am able to sense the true motivation of persons and movements.
  - \_\_\_\_\_ 12. I have a special ability to trust God in difficult situations.
  - \_\_\_\_\_ 13. I have a strong desire to contribute to the establishment of new churches.
  - \_\_\_\_\_ 14. I take action to meet physical and practical needs rather than merely talking about or planning to help.
  - \_\_\_\_\_ 15. I enjoy entertaining guests in my home.
  - \_\_\_\_\_ 16. I can adapt my guidance to fit the maturity of those working with me.
  - \_\_\_\_\_ 17. I can delegate and assign meaningful work.

- \_\_\_\_\_ 18. I have an ability and desire to teach.
- \_\_\_\_\_ 19. I am usually able to analyze a situation correctly.
- \_\_\_\_\_ 20. I have a natural tendency to encourage others.
- \_\_\_\_\_ 21. I am willing to take the initiative in helping other Christians grow in their faith.
- \_\_\_\_\_ 22. I have an acute awareness of the emotions of other people, such as loneliness, pain, fear, and anger.
- \_\_\_\_\_ 23. I am a cheerful giver.
- \_\_\_\_\_ 24. I spend time digging into facts.
- \_\_\_\_\_ 25. I feel that I have a message from God to deliver to others.
- \_\_\_\_\_ 26. I can recognize when a person is genuine/honest (Discernment).
- \_\_\_\_\_ 27. I am a person of vision (a clear mental portrait of a preferable future given by God).
- \_\_\_\_\_ 28. I am willing to yield to God's will rather than question and waver (Faith).
- \_\_\_\_\_ 29. I would like to be more active in getting the gospel to people in other lands.
- \_\_\_\_\_ 30. It makes me happy to do things for people in need.
- \_\_\_\_\_ 31. I am successful in getting a group to do its work joyfully.
- \_\_\_\_\_ 32. I am able to make strangers feel at ease.
- \_\_\_\_\_ 33. I have the ability to plan learning approaches.
- \_\_\_\_\_ 34. I can identify those who need encouragement.
- \_\_\_\_\_ 35. I have trained Christians to be more obedient disciples of Christ.
- \_\_\_\_\_ 36. I am willing to do whatever it takes to see others come to Christ.
- \_\_\_\_\_ 37. I am attracted to people who are hurting.
- \_\_\_\_\_ 38. I am a generous giver.
- \_\_\_\_\_ 39. I am able to discover new truths.
- \_\_\_\_\_ 40. I have spiritual insights from Scripture concerning issues and people that compel me to speak out.
- \_\_\_\_\_ 41. I can sense when a person is acting in accord with God's will.
- \_\_\_\_\_ 42. I can trust in God even when things look dark.
- \_\_\_\_\_ 43. I can determine where God wants a group to go and help it get there.
- \_\_\_\_\_ 44. I have a strong desire to take the gospel to places where it has never been heard.
- \_\_\_\_\_ 45. I enjoy reaching out to new people in my church and community.
- \_\_\_\_\_ 46. I am sensitive to the needs of people.
- \_\_\_\_\_ 47. I have been able to make effective and efficient plans for accomplishing the goals of a group.
- \_\_\_\_\_ 48. I often am consulted when fellow Christians are struggling to make difficult decisions.
- \_\_\_\_\_ 49. I think about how I can comfort and encourage others in my congregation.
- \_\_\_\_\_ 50. I am able to give spiritual direction to others.
- \_\_\_\_\_ 51. I am able to present the gospel to lost persons in such a way that they accept the Lord and His salvation.
- \_\_\_\_\_ 52. I possess an unusual capacity to understand the feelings of those in distress.
- \_\_\_\_\_ 53. I have a strong sense of stewardship based on the recognition that God owns all things.
- \_\_\_\_\_ 54. I have delivered to other persons messages that have come directly from God.
- \_\_\_\_\_ 55. I can sense when a person is acting under God's leadership.

- \_\_\_\_\_ 56. I try to be in God's will continually and be available for His use.
- \_\_\_\_\_ 57. I feel that I should take the gospel to people who have different beliefs from me.
- \_\_\_\_\_ 58. I have an acute awareness of the physical needs of others.
- \_\_\_\_\_ 59. I am skilled in setting forth positive and precise steps of action.
- \_\_\_\_\_ 60. I like to meet visitors at church and make them feel welcome.
- \_\_\_\_\_ 61. I explain Scripture in such a way that others understand it.
- \_\_\_\_\_ 62. I can usually see spiritual solutions to problems.
- \_\_\_\_\_ 63. I welcome opportunities to help people who need comfort, consolation, encouragement, and counseling.
- \_\_\_\_\_ 64. I feel at ease in sharing Christ with nonbelievers.
- \_\_\_\_\_ 65. I can influence others to perform to their highest God-given potential.
- \_\_\_\_\_ 66. I recognize the signs of stress and distress in others.
- \_\_\_\_\_ 67. I desire to give generously and unpretentiously to worthwhile projects and ministries.
- \_\_\_\_\_ 68. I can organize facts into meaningful relationships.
- \_\_\_\_\_ 69. God gives me messages to deliver to His people.
- \_\_\_\_\_ 70. I am able to sense whether people are being honest when they tell of their religious experiences.
- \_\_\_\_\_ 71. I enjoy presenting the gospel to persons of other cultures and backgrounds.
- \_\_\_\_\_ 72. I enjoy doing little things that help people.
- \_\_\_\_\_ 73. I can give a clear, uncomplicated presentation.
- \_\_\_\_\_ 74. I have been able to apply biblical truth to the specific needs of my church.
- \_\_\_\_\_ 75. God has used me to encourage others to live Christlike lives.
- \_\_\_\_\_ 76. I have sensed the need to help other people become more effective in their ministries.
- \_\_\_\_\_ 77. I like to talk about Jesus to those who do not know Him.
- \_\_\_\_\_ 78. I have the ability to make strangers feel comfortable in my home.
- \_\_\_\_\_ 79. I have a wide range of study resources and know how to secure information.
- \_\_\_\_\_ 80. I feel assured that a situation will change for the glory of God even when the situation seems impossible.

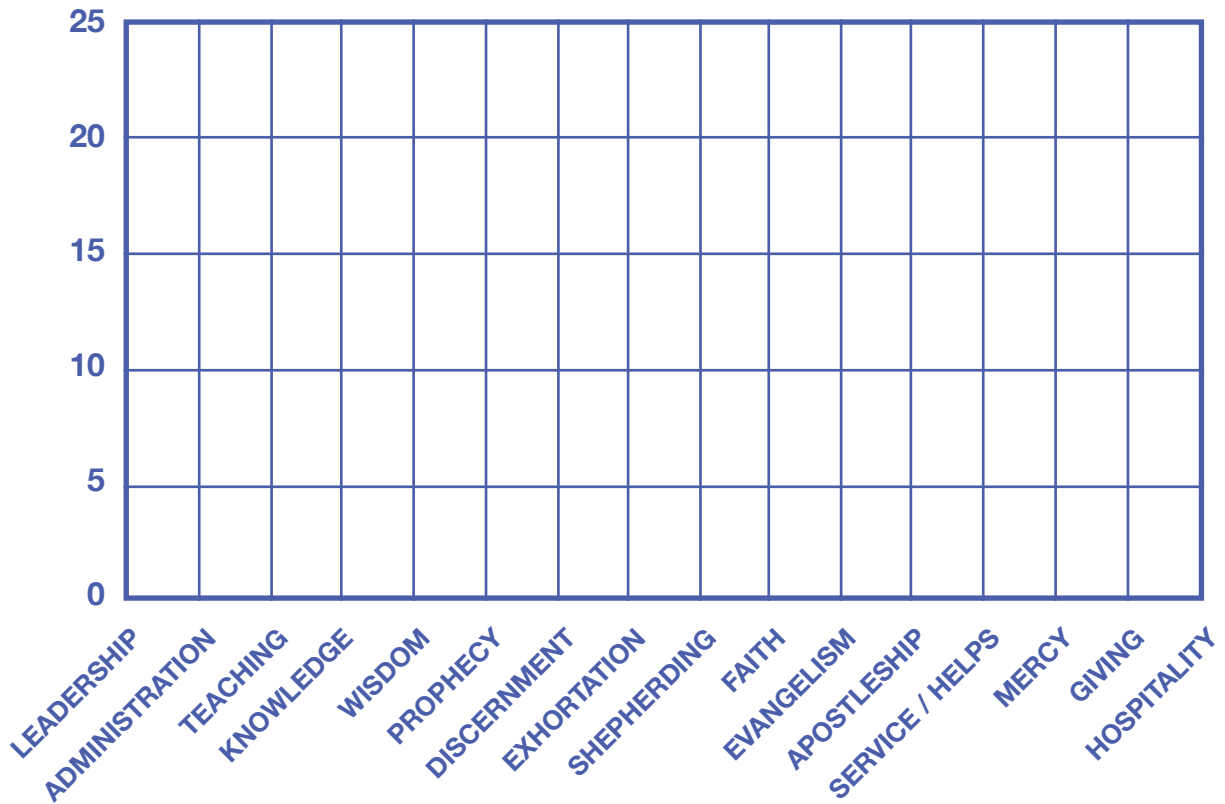
### SCORING YOUR SURVEY

Follow these directions to figure your score (on the next page) for each spiritual gift.

1. Place in each box your numerical response (1-5) to the item number which is indicated below the box.
2. For each gift, add the numbers in the boxes and put the total in the TOTAL box.

LEADERSHIP	+	+	+	+	=
Item 6	Item 16	Item 27	Item 43	Item 65	TOTAL
ADMINISTRATION	+	+	+	+	=
Item 1	Item 17	Item 31	Item 47	Item 59	TOTAL
TEACHING	+	+	+	+	=
Item 2	Item 18	Item 33	Item 61	Item 73	TOTAL
KNOWLEDGE	+	+	+	+	=
Item 9	Item 24	Item 39	Item 68	Item 79	TOTAL
WISDOM	+	+	+	+	=
Item 3	Item 19	Item 48	Item 62	Item 74	TOTAL
PROPHECY	+	+	+	+	=
Item 10	Item 25	Item 40	Item 54	Item 69	TOTAL
DISCERNMENT	+	+	+	+	=
Item 11	Item 26	Item 41	Item 55	Item 70	TOTAL
EXHORTATION	+	+	+	+	=
Item 20	Item 34	Item 49	Item 63	Item 75	TOTAL
SHEPHERDING	+	+	+	+	=
Item 4	Item 21	Item 35	Item 50	Item 76	TOTAL
FAITH	+	+	+	+	=
Item 12	Item 28	Item 42	Item 56	Item 80	TOTAL
EVANGELISM	+	+	+	+	=
Item 5	Item 36	Item 51	Item 64	Item 77	TOTAL
APOSTLESHIP	+	+	+	+	=
Item 13	Item 29	Item 44	Item 57	Item 71	TOTAL
SERVICE / HELPS	+	+	+	+	=
Item 14	Item 30	Item 46	Item 58	Item 72	TOTAL
MERCY	+	+	+	+	=
Item 7	Item 22	Item 37	Item 52	Item 66	TOTAL
GIVING	+	+	+	+	=
Item 8	Item 23	Item 38	Item 53	Item 67	TOTAL
HOSPITALITY	+	+	+	+	=
Item 15	Item 32	Item 45	Item 60	Item 78	TOTAL

# GRAPHING YOUR PROFILE



1. For each gift place a mark across the bar at the point that corresponds to your TOTAL for that gift.
2. For each gift shade the bar below the mark that you have drawn.
3. The resultant graph gives a picture of your gifts. Gifts for which the bars are tall are the ones in which you appear to be strongest. Gifts for which the bars are very short are the ones in which you appear not to be strong.

**NOW THAT YOU HAVE COMPLETED THE SURVEY,  
THOUGHTFULLY ANSWER THE FOLLOWING QUESTIONS.**

The gifts I have begun to discover in my life are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

■ After prayer and worship, I am beginning to sense that God wants me to use my spiritual gifts to serve Christ's body by \_\_\_\_\_.

■ I am not sure yet how God wants me to use my gifts to serve others. But I am committed to prayer and worship, seeking wisdom and opportunities to use the gifts I have received from God.

Ask God to help you know how He has gifted you for service and how you can begin to use this gift in ministry to others.

Finally, seek out others in your church who have the same gift(s). Meet regularly as a group to learn, share stories, and pray for each other. As a church you function as a body of believers. You were given these gifts to help each other. There is no limit to what God could do as you and the others in your church are Spirit-led in the use of these gifts.

## **Study Questions**

1. Why does God give Christians spiritual gifts?
2. When you looked at the spiritual gifts, which ones did you feel you have? Which one is the most dominant?
3. When you read about your gifts and saw the ministry opportunities, which opportunities appealed to you? Have you had any occasion to use your spiritual gifts? Give an example.
4. Again, when you read about your gifts, what further training appealed to you? How can the church help you develop your spiritual gifts?

# DOES MY WORLDVIEW REALLY MATTER?

## YOUR CREATION WORLDVIEW AFFECTS HOW YOU ANSWER LIFE'S BIGGEST QUESTIONS

DO I BELIEVE IN A SUPERNATURAL PERSONAL CREATOR?

YES

NO

WHERE DO I COME FROM?

I WAS CREATED SPECIFICALLY BY GOD WHO KNEW ME BEFORE I WAS BORN.

I AM A PRODUCT OF RANDOM NATURAL CAUSES, AND AM MOST LIKELY DESCENDED FROM PRIMATES.

WHY AM I HERE?

I AM HERE TO GLORIFY GOD AND ENJOY HIM FOREVER.

SINCE THERE IS NO OVERARCHING PURPOSE TO EXISTENCE, I MUST CREATE MY OWN MEANING & MORALITY

WHERE AM I GOING WHEN I DIE?

I WILL DWELL IN THE HOUSE OF THE LORD FOREVER.

I WILL CEASE TO EXIST.

WHO AM I & WHAT AM I WORTH?

I AM A CHILD OF GOD. I AM SO VALUED THAT HE SENT HIS SON TO DIE IN MY PLACE SO THAT HE COULD HAVE A RELATIONSHIP WITH ME.

IN THE GRAND SCHEME OF THINGS I'M WORTHLESS. I'M JUST A HIGHLY FUNCTIONING PIECE OF PROTOPLASM TAKING UP SPACE AND WAITING TO DIE.

# The Longings of Israel

**SALVATION**



*"Oh, that salvation for Israel would come out of Zion! When God restores his people, let Jacob rejoice and Israel be glad!" (Psalm 53:6)*

**REDEMPTION**



*"The Lord said to me, 'You are my Son; today I have begotten you. Ask of me, and I will make the nations your heritage and the ends of the earth your possession.'" (Psalm 2:7-8 ESV)*

**JUSTICE**



*Arise, LORD! Lift up your hand, O God. Do not forget the helpless. Why does the wicked man revile God? Why does he say to himself, "He won't call me to account"?" (Psalm 10:12-13)*

**PURITY**



*Create in me a pure heart, O God, and renew a steadfast spirit within me. ...Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. (Psalm 51:10, 12)*

**GOD'S PRESENCE**



*You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand. (Psalm 16:11)*

**UNION**



*Place me like a seal over your heart, like a seal on your arm; for love is as strong as death, its jealousy unyielding as the grave. It burns like blazing fire, like a mighty flame. (Song of Songs 8:6)*

**WISDOM**



*"The fear of the LORD is the beginning of knowledge." (Proverbs 1:7)*

**JESUS**

KING & SON • PSALM 2:8

HE WHO WALKS BLAMELESSLY • PSALM 15

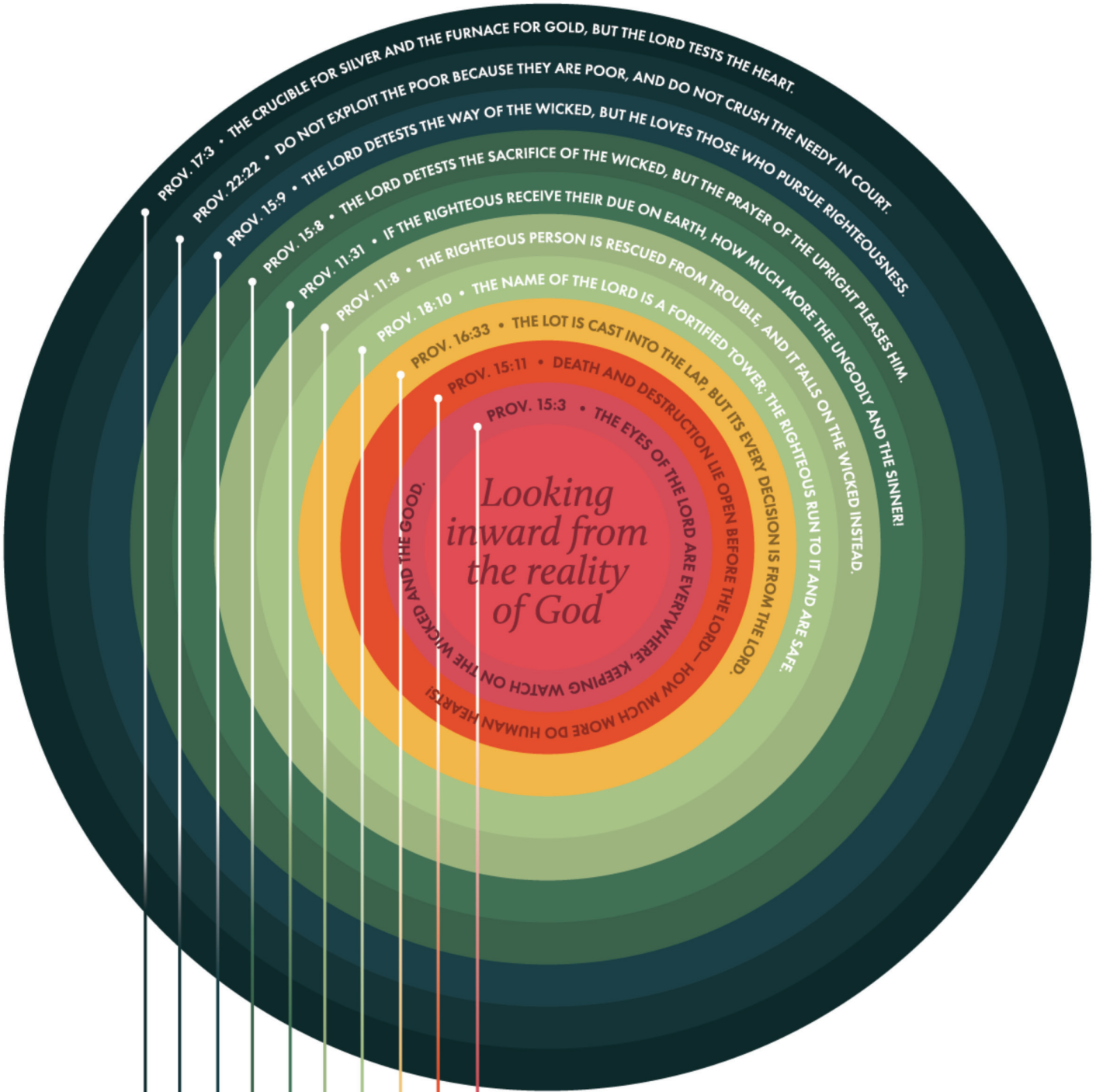
THE ONE WHO MAKES OUR HEARTS CLEAN • PSALM 51

THE ONE WHO WILL RESTORE THE JOY OF OUR SALVATION • PSALM 51

ULTIMATE MANIFESTATION OF THE PRESENCE OF GOD • PSALM 16:11

HE WHO DOES WHAT IS RIGHT • PSALM 15

THE GOOD SHEPHERD • PSALM 23:3



- GOD PURIFIES AND TESTS THE HEARTS OF MEN
- GOD CARES FOR THE POOR AND DESTITUTE
- GOD LOVES THOSE WHO LOVE RIGHTEOUSNESS
- GOD LOVES TO LISTEN TO OUR PRAYERS
- GOD WILL JUDGE THE WICKED
- GOD RESCUES THOSE IN TROUBLE
- GOD IS A TOWER OF SAFETY
- GOD IS SOVEREIGN OVER ALL THINGS
- GOD KNOWS THE HEARTS OF ALL MEN
- GOD IS AWARE OF ALL THINGS

# DID JESUS RISE FROM THE DEAD?

## THE KNOWN FACTS

- JESUS' TOMB WAS FOUND EMPTY
- JESUS WAS TORTURED AND CRUCIFIED
- CHRISTIANITY SPREAD LIKE WILDFIRE THROUGHOUT THE KNOWN WORLD.
- MANY DIFFERENT WITNESSES (OVER 500) ATTESTED TO SEEING JESUS AFTER HIS DEATH.
- ALL THE DISCIPLES WERE TORTURED FOR THEIR FAITH, AND 11 OF THE 12 ENDED UP DYING FOR IT.
- PREVIOUSLY SCARED DISCIPLES WERE ONLY DAYS LATER CLAIMING THE RESURRECTION WITH BOLDNESS.
- THE DISCIPLES PREACHED TO CROWDS OF THOUSANDS IN JERUSALEM, CLAIMING THAT JESUS HAD RISEN FROM THE DEAD.

## THE BEST THEORIES EXPLAINING THE FACTS

### 1 SWOON

JESUS DIDN'T ACTUALLY DIE, BUT FAINTED (SWOONED) ON THE CROSS AND LATER REVIVED.

### 2 HALLUCINATION

JESUS' FOLLOWERS ONLY IMAGINED THAT THEY SAW HIM.

### 3 SPIRITUAL RESURRECTION

JESUS ONLY ROSE FROM THE DEAD IN A SPIRITUAL SENSE.

### 4 THEFT

THE DISCIPLES STOLE THE BODY AND CLAIMED HE ROSE FROM THE DEAD.

### 5 WRONG TOMB

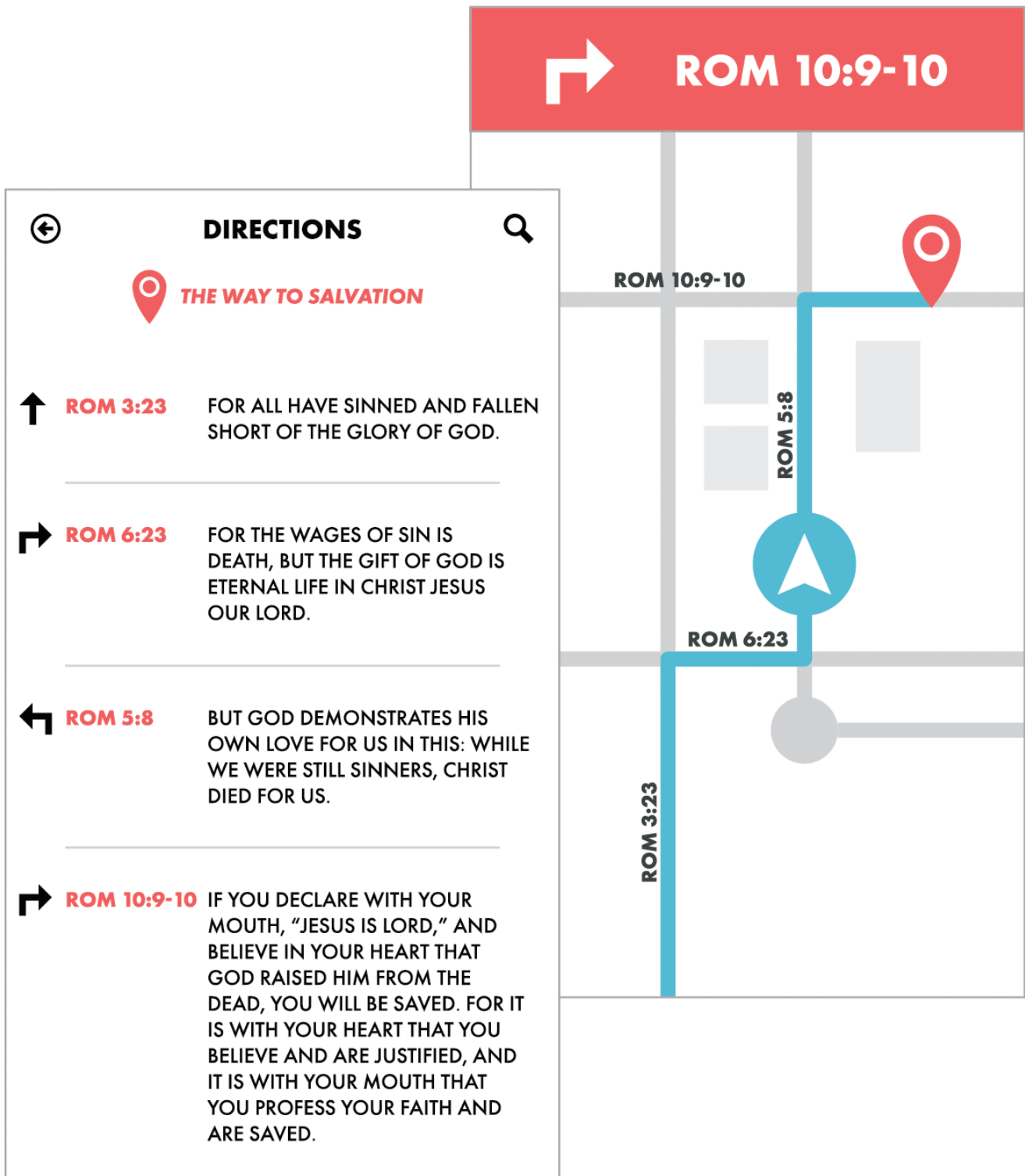
CONFUSED BY GRIEF, THE DISCIPLES WENT TO THE WRONG TOMB.

THE MOST PLAUSIBLE EXPLANATION OF ALL THE FACTS IS THAT GOD RAISED JESUS FROM THE DEAD!

## OBJECTIONS

- Roman soldiers, expert executioners, oversaw the crucifixion and pronounced him dead.
- How could Jesus, after being tortured, crucified, speared, and buried, unwrap himself, move a stone, defeat soldiers, and walk seven miles?
- On multiple occasions and under various circumstances, different individuals and groups of people experienced appearances of Jesus alive from the dead.
- The original disciples believed that Jesus was raised from the dead despite every predisposition to the contrary.
- The gospels claim to be historical accounts, not symbolism or allegory.
- The gospels provide multiple, independent attestations of these appearances.
- The earliest Jewish allegation that the disciples had stolen Jesus' body (Matt. 28:11-15) shows that the body was in fact missing from the tomb.
- The disciples were devastated by the death of Jesus.
- To steal the body, the disciples would have needed an elaborate plan including bribed guards, sufficient motive, a place to dispose of the body, faked witnesses—all with each of them taking the secret to his grave.
- The story is simple and lacks signs of legendary embellishment.
- Multiple witnesses saw where Jesus was laid.
- If Jesus was only raised in a spiritual sense, what happened to his physical body?
- Jesus' glorified resurrected body still has physical features: He could eat and be touched.
- Paul claims Christianity is pointless without a bodily resurrection.
- There is no evidence that the body was stolen.
- Would the disciples allow themselves to be martyred for an elaborate hoax?
- Joseph of Arimathea's involvement and testimony must be rejected to accept this view.
- If the disciples accidentally went to the wrong tomb, all anyone would have to do is produce Jesus' body.
- Contemporary scholars have almost universally discounted all of these theories. None of these naturalistic theories succeeds in meeting the conditions as well as the resurrection theory.

## SALVATION VIA THE ROMANS ROAD



# JUMPSTART®

— SOUTH CAROLINA —

*Transforming the Lives of Prisoners from the Inside Out*

**Dear JUMPSTART Graduates and Participants,**

During the 40 weeks in the JUMPSTART program, it is taught that you were created for a purpose. This purpose is built on faith in God. As we put Him at the center of our lives, we started to rebuild with better values—faith, accountability, responsibility, and respect. These are important, not just for those in authority, but for ourselves, our peers, and for our relationship with God.

Those being released soon, will be faced with new challenges. You will have to make important choices, like where to live. Some of you may think about going home, but it's important to ask yourself if that is the best place for you to stay strong in your faith. Others may not have a home to return to at all.

Here are some questions to consider:

- Will reconnecting with old friends or family be good for me, or could it lead me back to trouble?
- How hard will it be to find a job? Will employers hire me with a record?
- How can I surround myself with people who will encourage my faith and growth?

JUMPSTART is here to help. If you completed the program or are committed to completing the program this year and earned a blue or green certificate, we encourage you to apply for the **Transitional Program**. We are a Christ-centered program that provides safe, affordable housing at **Restoration Village** in Wellford, SC and will provide support as you work to become a successful, productive citizen. The program is organized to help you thrive on the outside. At JUMPSTART you will find people who have been on the inside and care about your success. Many of our team members have graduated from this program and understand your needs because they have been in the place you are now!

We will help you with all you need including:

- Getting a driver's license and social security card
- Finding a good-paying job
- Accessing healthcare

Hundreds of men and women rebuilt their lives with JUMPSTART. **And 99.3% of those who stay in our transitional program for at least 90 days do not return to prison!**

If you're interested, talk to your **JUMPSTART leader, a Volunteer, Chaplain, or the Assistant Warden of Programs** to get an application.

We believe in you and are here to help!

*Preparing for*

# RELEASE AND SUCCESS ON THE OUTSIDE

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**JUMPSTART** is designed to help you prepare for life outside prison. We are working to break the back of recidivism, and so we make sure our program holds you accountable to the key things you will need to have success on the outside.

Our work with others like you over many years has shown us that you will need five things to be successful on the outside:

- 1) Daily Surrender to Christ
- 2) Finding and keeping a job
- 3) Establishing a budget and financial goals
- 4) Developing a support team
- 5) Learning to have fun God's way

In this final section of the book, we're including some resources to help you begin working toward success on the outside. You will find:

- Budget sheets that help you build good habits now that will help you on the outside.
- Employment application section. You will need to create an employment application to help you get a job once you are released. JUMPSTART will help you with this. The first step is completing this information.

## Contacts by Department

Transitional Program: Anthony Mullinax

(888) 403-3815 ext. 2

Employment Initiatives: Don Williams

(888) 403-3815 ext. 4

## Mailing/Physical Address for Male Participants

721 Jerry Frady Way, Wellford, SC. 29385

## Mailing/Physical Address for Female Participants

712 Jerry Frady Way, Wellford, SC. 29385

## Indigo Hope Center

870 Jumpstart Dr., Wellford, SC. 29385

# JUMPSTART HOUSING PACKET

Please complete pages 146-158 as legibly and as completely as possible.  
Persons who have submitted incomplete applications will be advised to resubmit a complete one.

1. Read the Transitional Housing Boundaries carefully. Remember that we have your best interest in mind and that these boundaries are in place to keep you on path towards a smooth transition. If you agree to abide by the boundaries, please sign them. If you are not willing to abide by the boundaries, do not come to JUMPSTART.
2. Complete the Application for Housing
3. Complete the Medical Release Form
4. Complete the Resume
5. If they are willing, have the JUMPSTART volunteers and the Chaplain sign off on your Application for Housing.
6. Mail **ALL** completed paperwork to JUMPSTART Office: P.O. Box 1050, Spartanburg, S.C. 29304
7. When you are near 180 days to max-out, a JUMPSTART staff member or volunteer will interview you. A determination about your acceptance into the program will typically be made within a week, and you will be notified via mail of our decision.
8. If you are a parole eligible person serving a life sentence, and have been approved for housing with us pending your being granted parole, please give the following information to the parole examiner: Living Address: 721 Jerry Frady Way, Wellford, S.C. 29385 for men and 708 Jerry Frady Way, Wellford, S.C. 29385 for women.  
Contact Person: Anthony Mullinax (888) 403-3815 ext. 2
9. Employment Related Mailing Address: P.O. Box 1050 Spartanburg, SC 29304  
Contact Person: Don Williams (888) 403-3815 ext. 4

# JUMPSTART TRANSITIONAL HOUSING EXPECTATIONS

Joining JUMPSTART after being released from incarceration can be compared to getting an opportunity to participate in an accelerator program. Just as accelerator programs offer participants resources and support to grow and learn, JUMPSTART provides essential elements that empower individuals to build a new life and overcome past challenges.

The program offers housing, ensuring a safe and stable environment for personal growth. Employment opportunities help participants gain financial stability and independence. Transportation services provided by JUMPSTART enable residents to access jobs, appointments, and other essential services, fostering self-sufficiency.

Life skills training is an integral part of the program, equipping individuals with the tools and knowledge necessary to navigate various aspects of daily living successfully. This training plays a similar role to the educational and personal development resources offered in accelerator programs.

Mentoring is another valuable component of JUMPSTART. Like mentors and advisors in accelerator programs, JUMPSTART mentors guide, support, and encourage individuals throughout their journey, helping them make better choices and set achievable goals.

Lastly, the program fosters a community of people who offer love and support, much like the connections and networks formed in accelerator programs. This community helps participants feel accepted, understood, and motivated to succeed.

In essence, JUMPSTART provides a comprehensive support system for those transitioning from incarceration, much like the opportunities and resources accelerator programs offer to participants in pursuit of personal growth and success.

At JUMPSTART, we believe that with Christ anyone's future can be greater than their past. We believe the greatest potential for residents to thrive is in a supportive, Christian environment. To ensure everyone's success, we have designed a set of Housing Expectations for those participating in the Transitional Program. Please read and sign a copy indicating to submit with your application if you will follow the program expectations so that you can achieve all that God has for you.

1. Upon arrival, each resident will benefit from a 30-day stabilization period designed to help them adapt smoothly to their new life. During this time, personal transportation and visits with loved ones will be limited to help the individual focus on getting acclimated to the program and prepared for all the opportunities that are ahead.
2. Residents are encouraged to create an inspiring, positive atmosphere by living in a manner that honors God and their fellow residents while exhibiting Christ-like behavior. To help hold one another accountable, participants sign out and in on housing sign-out sheet at the JUMPSTART home where they reside.
3. Curfew is set to ensure everyone gets adequate rest: 10:00pm-5:00am Sunday through Thursday and 11:00pm-5:00am on Friday and Saturday. Please maintain a quiet environment during these hours out of respect for others.
4. Residents will work together to maintain the cleanliness and orderliness of homes, yards, and ministry vehicles. New residents awaiting job placement will have the opportunity to help take care of what God has provided make a difference with JUMPSTART in various ways.
5. For everyone's well-being, the use of tobacco products is prohibited in any JUMPSTART house or vehicle.
6. Weapons are not allowed, except for pocketknives with blades shorter than 3 inches.
7. At JUMPSTART, we prioritize the well-being and safety of our participants, which is why we have a zero-tolerance policy for fighting, verbal threats, and illegal drug use. To ensure a positive, secure environment for everyone, we conduct random tests to uphold our commitment to fostering a supportive and nurturing space for personal growth and success.
8. To maintain harmonious relationships, borrowing or lending money between residents, staff, and mentors is not permitted. This policy helps to avoid misunderstandings, ensure fairness, and uphold a supportive and positive environment for everyone involved.
9. Embracing responsibility and being on time for work, meetings, and other appointments is essential for making the most of the opportunities that God provides in our lives. By being accountable for our actions and honoring commitments in a timely manner, we demonstrate our readiness to seize the blessings and growth experiences that come our way. In doing so, we not only show gratitude for the opportunities presented to us but set ourselves up to be all that God created us to be.
10. Attending weekly church services and engaging in regular meetings with your JUMPSTART mentor are vital aspects of the program. By actively participating in these activities, you show your willingness to embrace the opportunities and spiritual growth that God has in store for you.

11. After the thirty-day stabilization period, family members over 18 will be permitted in the JUMPSTART homes in the common areas. Hours of visitation are 12-3 pm on Saturdays and 2-5 pm on Sundays.
12. Residents will be able to have one travel pass each month. Weekend passes begin Fridays at 5:00 pm and extend through Sunday at 10:00 pm. The travel pass request form should be submitted at least one week in advance. Passes will only be considered if the resident is legally married to their spouse, the request is consistent with SCDPPPS conditions, and it is determined that the visit is beneficial to the resident.
13. After the thirty-day stabilization period residents may obtain a personal vehicle if their financial situation and their support system deems this is a responsible step in your reentry journey.
14. New installation of cable or satellite TV is prohibited on any JUMPSTART property.
15. Within two weeks of obtaining employment, residents should open both a savings and checking account at a bank or credit union. Residents are expected to deposit 10% or more of their weekly net income into their savings account to ensure they have adequate savings to transition from the ministry. Withdrawals from savings should be made only in true emergencies and in discussion with JUMPSTART staff.
16. Weekly budget sheets are to be completed by all participants detailing their income and expenses. Providing copies of your pay stubs and bank statements when asked is an important part of the JUMPSTART program. Living at JUMPSTART usually costs less than after you finish the program because kind donors help cover some of your living expenses. This helps you save money for a better future. When you save money and show that you can handle your finances well, it means you are growing and being responsible. Our goal is to support and help you stay on track so you can reach your highest potential and make God proud.
17. JUMPSTART employees, board members, and advisory members reserve the right to enter and inspect all properties at any time.
18. JUMPSTART reserves the right to use resident photographs and videos in marketing and ministry related media.
19. You will be assigned a Program Coach when you move to Phase 2. You must attend a weekly group meeting with your coach to review your Daily Journal. You will also be required to attend a monthly gathering with your group.
20. Please review the following pages which explain JUMPSTART'S Transportation Expectations for those who are going to need transportation to and from their necessary appointments once accepted into the program, as well as the program fee schedule. If you agree to abide by these expectations, please date, print, and sign this form, and include it along with the completed application.

## JUMPSTART Transportation Expectations

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- All Transportation requests should be sent via text to (888) 592-3017.
    - Please do not make requests directly to drivers.
    - If you must speak with Transportation immediately, call 888-403-3815, option 3.
  - All requests for transportation should be made at least 24 hours in advance.
  - Transportation requests will be acknowledged Monday – Friday, 8:00am to 5:00pm.
    - Make all transportation requests by 2:00pm of the preceding business day. If transportation is needed on Monday, then make the request by 2:00pm on Friday.
    - If a request for immediate transportation is made outside of these hours, the Participant should see if the House Manager can arrange for JUMPSTART transportation, but expect to seek and pay for their own transportation, such as Uber.
    - Do not contact the Transportation Coordinator to find out who your driver will be.
    - Please do not contact the Transportation Coordinator to find out where your driver is until the driver is 10 minutes late.
  - JUMPSTART will make every effort to accommodate a Participant’s need to be transported to appointments with doctors, counselors, employment agencies, etc. and to work and church; however, this is a privilege, not a right, and should not be abused.
  - Grocery shopping using JUMPSTART Transportation is done on Saturdays.
  - For all additional JUMPSTART Transportation requests, please contact your House Manager who will work with JUMPSTART’s Transportation Director to see what is available. Allow 24-48 hours (about 2 days) for follow-up.
    - Having Fun God’s Way is one of JUMPSTART’s Keys to Success. Transportation requests that build on this are encouraged, but approval should not be automatically assumed.
  - Basic JUMPSTART Transportation guidelines:
    - Permission to use JS vehicle up to **1,000 miles per month** to go places that Jesus would go with you.
    - You may offer to **purchase the vehicle** at our cost to replace it. We will consider payment plans on a case-by-case basis.
    - Obey all traffic rules and follow all PPP guidelines.
    - Participant is responsible for **fuel**.
    - Provide other participants who do not have a vehicle with a ride when possible and wise. You are being blessed to be a blessing...
    - When a Participant is asked to drive another JUMPSTART Participant, the two Participants are adults who can agree on a **fair split of the fuel costs**.
    - Keep the car **clean** and ensure **no one smokes** in the vehicle.
    - Cooperate with Director of Housing and Transportation to ensure **preventative maintenance** of vehicle is maintained
    - Respond with a **positive attitude** when you are asked to switch to another JS vehicle
- 

I have read and understood the Transportation Expectations.

Date: \_\_\_\_\_

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

*Last Update 1/30/2025*

## PROGRAM FEES

Program fees are required after a resident obtains employment or other regular means of living, i.e., SSI and will be made online. Fees are due on Sunday before 9:00 pm.

### **Base Fees:**

\$160 weekly, effective March 7th, 2025.

---

Printed Name (Resident)

---

Date

---

Signature

# JUMPSTART APPLICATION FOR RESIDENCE

(PRINT LEGIBLY)

## SECTION I

SCDC #: \_\_\_\_\_ CURRENT LOCTION (Including Room Number): \_\_\_\_\_

Name: \_\_\_\_\_ SS#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ DOB: \_\_\_\_\_  
Last First Middle

Last Permanent Address: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Spouse Name: \_\_\_\_\_ # of Children: \_\_\_\_\_

Person to notify in case of Emergency: \_\_\_\_\_ Phone# \_\_\_\_\_

Relationship to you: \_\_\_\_\_ Address: \_\_\_\_\_

## SECTION II

Reason(s) you are applying for residency: \_\_\_\_\_

How long are you planning to stay at JUMPSTART, if approved: \_\_\_\_\_

Locations that have been dangerous for you: \_\_\_\_\_

How many different times have you been incarcerated? \_\_\_\_\_

Were you convicted of a drug-related felony that occurred after August 22, 1996? \_\_\_\_\_

Have you served in the Military? \_\_\_\_\_

Branch

Dates

Type of Discharge

**SECTION III**

**Employment History** (Employer, start/end dates, job title; list most recent first):

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

**Education** (Circle highest grade completed; if college, list degree type and area of study)

Elementary      Middle      High School/GED      College/Tech. School      Graduate School  
1 2 3 4 5 | 6 7 8 | 9 10 11 12 GED | 13 14 15 16 | Masters/Doctorate

Describe College: \_\_\_\_\_

Other Special Skills/Training/Certifications: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Supervision after Release:** (Circle all that apply)

Parole    Probation    Community Supervision    Furlough    Sex Offender Registry    GPS

Any Current Warrants (list County and Offense): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Medical and/or Psychological Conditions:**

- 1. \_\_\_\_\_ Do you take medicine for this? \_\_\_\_\_
- 2. \_\_\_\_\_ Do you take medicine for this? \_\_\_\_\_
- 3. \_\_\_\_\_ Do you take medicine for this? \_\_\_\_\_
- 4. \_\_\_\_\_ Do you take medicine for this? \_\_\_\_\_
- 5. \_\_\_\_\_ Do you take medicine for this? \_\_\_\_\_

Give a History of Dependencies (alcohol/drugs, etc.): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Future Goals (be specific): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why should JUMPSTART approve your request for housing? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

All statements I have made in this application are true to the best of my knowledge, and I understand that any false statements will result in automatic dismissal. **I agree that if I decide to not enter transitional housing upon my release, that I will notify JUMPSTART in writing at least 180 days prior to my release.**

Application Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Recommending Volunteer Signature: \_\_\_\_\_

Recommending Chaplain Signature: \_\_\_\_\_

**Upon Completion, Mail to: P.O. Box 1050, Spartanburg, S.C. 29304**

**JUMPSTART Staff Only**

Participants Folder Color: \_\_\_\_\_ Institution Received at: \_\_\_\_\_

Approval by Inside Program Director: (Yes/No) \_\_\_\_\_

Approval for housing: (Yes/No) \_\_\_\_\_

Date Approval/Disapproval letter mailed: \_\_\_\_\_

# JUMPSTART EMPLOYMENT APPLICATION

## WHERE WERE YOU?

Name: \_\_\_\_\_ SCDC # \_\_\_\_\_ Room/ Bed: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_  
 \_\_\_\_\_

**Where were you working, going to school, in the military or locked up:**

If you were in school, list the name of the school, city, state and last year attended. If you were working, list the employer's name, your job title, city, state. If you were locked up, list the duties you performed in the prison/jail and city, state

Print Clearly – Fill in Each Line  
 Do Not Use Quote Marks (“”) Do Not Use Arrows (↕)  
 Do Not Leave Any Blanks on This Page

Year	Employer Name /School /Military/Locked Up	City – State	Job Title
2026			
2025			
2024			
2023			
2022			
2021			
2020			
2019			
2018			
2017			
2016			
2015			
2014			
2013			
2012			
2011			
2010			
2009			

**PERSONAL INFORMATION**

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ Apt / Box / Lot # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number: Home: \_\_\_\_\_ - \_\_\_\_\_ Cell: \_\_\_\_\_ - \_\_\_\_\_

Email Address: \_\_\_\_\_

Are you eligible to work in the United States? Yes No

Do you have transportation to get to work? Yes No

Do you have a valid driver's license? Yes No

Are you Bondable? Yes No

Have you been convicted of a crime? Yes No\_

If yes, please explain: \_\_\_\_\_

**POSITION(S) / AVAILABILITY**

Position(s) Applied For \_\_\_\_\_

What date are you available to start work? \_\_\_\_\_

**EDUCATION**

Name of School	City	State	Last Year Attended	Degree*

\*Certificate / GED / Diploma / Degree / Work Keys / Other

**SKILLS / QUALIFICATIONS / LICENSES / AWARDS / CERTIFICATES**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Give a person a job;  
you have them work for today.  
Teach a person to find a job;  
and they can work for a lifetime.*

**EMPLOYMENT HISTORY**

**Most Recent Position / Job:** Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_

Employer: \_\_\_\_\_

City / State: \_\_\_\_\_

Position Name / Title: \_\_\_\_\_

Responsibilities: (Be Specific / What did you do on the job?)

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

**Previous Position:** Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_

Employer: \_\_\_\_\_

City / State: \_\_\_\_\_

Position Name / Title: \_\_\_\_\_

Responsibilities: (Be Specific / What did you do on the job?)

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

**Previous Position:** Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_

Employer: \_\_\_\_\_

City / State: \_\_\_\_\_

Position Name / Title: \_\_\_\_\_

Responsibilities: (Be Specific / What did you do on the job?)

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

**Previous Position:** Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_

Employer: \_\_\_\_\_

City / State: \_\_\_\_\_

Position Name / Title: \_\_\_\_\_

Responsibilities: (Be Specific / What did you do on the job?)

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_

**Previous Position:** Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_

Employer: \_\_\_\_\_

City / State: \_\_\_\_\_

Position Name / Title: \_\_\_\_\_

Responsibilities: (Be Specific / What did you do on the job?)

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

**Previous Position:** Dates of Employment: From \_\_\_\_\_ To \_\_\_\_\_

Employer: \_\_\_\_\_

City / State: \_\_\_\_\_

Position Name / Title: \_\_\_\_\_

Responsibilities: (Be Specific / What did you do on the job?)

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

# JUMPSTART HEALTH INFORMATION RELEASE FORM

*Please Print*

Name:

_____	_____	_____
(Last)	(First)	(Middle)
_____	_____	_____
SCDC #	Date of Birth	Last 4 Digits Social Security #

I authorize the **South Carolina Department of Corrections** to release my complete health record (including records relating to mental healthcare, communicable diseases, HIV or AIDS, and treatment of alcohol or drug abuse) to:

Access Health Spartanburg  
358 Serpentine Dr.  
Spartanburg, SC 29303  
(864) 560-0190

St. Luke's Free Medical Clinic  
Address: 162 N Dean St.  
Spartanburg, SC 29302  
(864) 542-2273

JUMPSTART  
P.O. Box 1050.  
Spartanburg, SC 29304  
(888) 403-3815 x2

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



## Understanding 180 Day Pre-Release Assessments

The 180 Day Pre-Release Assessment form is a document designed to be used in interviews for participants seeking to participate in the JUMPSTART Transitional Program.

It collects comprehensive personal, educational, spiritual, and post-release planning information to assess eligibility and readiness for reintegration support.

- **Applicant and incarceration details:** The form gathers basic identification data, incarceration history, sentence completion details, and information about previous involvement with JUMPSTART and supervision plans after release. It also asks about outstanding warrants, recovery evaluations, marital status, children, education, and employment during the sentence.
- **Personal spiritual and motivational information:** Applicants provide details on their church attendance, participation in dormitory faith activities, and completed faith-based programs. They also answer follow-up questions about their motivation for acceptance, goals for the first-year post-release, and alternative plans if not accepted.
- **Assessment and logistical information:** The leadership team, volunteer team, and chaplain provide recommendations and remarks on the applicant's character and attitude. The form includes a checklist for essential documents, clothing sizes, transportation arrangements, and medical information such as diagnosed conditions, medications, physical limitations, and mental health appointments.

### Who fills them out and when:

- Typically, a volunteer coordinator will fill the form out while sitting down with the applicant in a one-on-one setting, as some of the questions are of a confidential nature.

- If no volunteer coordinator is available, a Chaplain or other designee will meet with the applicant to interview them and fill the form out.
- As the name indicates, these assessments are intended to be filled out approximately 6 months (180 days prior to an applicant's release from SCDC)

**Submission of Pre-Release Assessments:**

- Once the form is completed, it can be scanned/photographed and submitted electronically via email to JUMPSTART SC'S Inside Program Administrator, Jeremy Walker at: [Jeremy.Walker@jumpstartvision.org](mailto:Jeremy.Walker@jumpstartvision.org)
- They can also be mailed via USPS to:

JUMPSTART SC

P.O. Box 1050

Spartanburg, SC 29304

## Understanding Assessments

JUMPSTART takes extraordinary pride in helping the participants graduate with the folder that they have earned. After going through the 40-week program, it is particularly important the participant receives the proper color for their participation. Below you will find a definition for each color. Within the Leadership Manual on page 43, the re-entry assessment is found. Please study chapter 3 and familiarize oneself with the definition and explanation of the grading scale.

The five sections are to be calculated and averaged out to get the assessment score for each section. The scoring ranges from 1-5 with 5 being the highest score.

5 – Excellent – The participant demonstrates excellence in this area with a great attitude.

4 – Above Average – The participant demonstrates a higher or better than usual desire to succeed.

3 – Average – The participant is doing the minimum to pass.

2 – Below Average – The participant is performing subpar, with a lack of interest.

1 – Unacceptable – The participant does not show any interest in growing.

- Well Done – **Blue Folder** (21-25) - The participant demonstrates a consistency in applying the core values of JUMPSTART, all the while exemplifying Christ-like character which makes them an excellent candidate for consideration as a participant in the outside program and an inside leader.
- Very Good – **Green Folder** (16-20) - The participant demonstrates an improved desire to apply core values to their life as they develop a stronger relationship with Jesus Christ which makes them eligible for consideration as a participant in the outside housing and becoming an inside leader.
- Getting Going – **Yellow Folder** (11-15) - The participant demonstrates a relationship with Jesus but possess a lack of understand and willingness to apply the core values and must retake class to be considered for the outside housing.
- Getting Started/Just Beginning – **Red Folder** (1-10) - The participant demonstrates an unacceptable attitude and willingness to apply the core values of JUMPSTART. This makes them ineligible for the outside house and they must retake the class and pass with a Blue or Green Folder.

Volunteers and inside leaders: if we follow this scale, the program and the participants will benefit in a major way, and the lives of the participants will be transformed for the glory of God.

God's Future is Greater Than Our Past.



## Personal Spiritual Walk

Church Attendance (Circle one):      Weekly      Occasionally      Not Able

Dorm Life (Circle all that apply):      Prayer Group      Bible Study

Faith-Based Programs Completed (List all that apply):

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## Follow-Up Questions

“Why should you be accepted into JUMPSTART?”

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“What three goals would you like to accomplish during the first year of your release?”

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“What are your reentry plans if your application is disapproved?”

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## Assessment Questions for Leadership Team

Inside Leader(s) Remarks:

Recommend: Yes No

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Volunteer Team Remarks:

Recommend: Yes No

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Chaplain's Remarks:

Recommend: Yes No

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**LIVE**

**AND LEAD**

**FULLY SURRENDERED TO  
CHRIST.**

**SUCCESS IN GOD'S SIGHT  
WILL BE INEVITABLE.**